

# MGM

MOM GUESS WHAT NEWSPAPER

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# MGW

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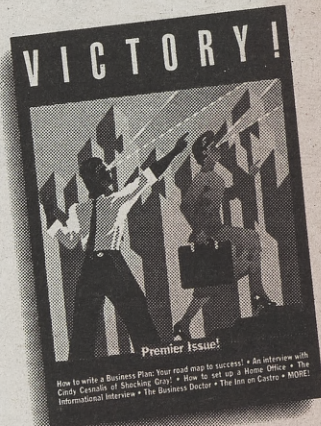


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1/1 MGW

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## Twin Spirit at it again

Dear Editor,

As you are aware the Twin Spirit Veterans Association (TSVA) has been in the news lately calling into doubt the functioning of this organization. This committee was formed by vote of the general membership to investigate allegations against an officer of the TSVA; we have completed our investigation and have submitted our findings to the general membership as required by our charter

Some things revealed during our review were that the TSVA has experienced growing pains and at times personality conflicts that most new and maturing organizations encounter. We strongly encourage anyone who is interested in fighting the ongoing military discrimina-

tion of gays and lesbians or those who may be the target of a military investigation telephone the TSVA at 916-863-3020 ext. 6000. The organization will do its best to assist you in getting in contact with qualified and knowledgeable individuals to assist you.

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### Election Meeting

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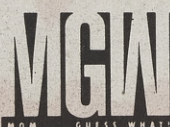
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# Queer database creates access

By Marghe Covino  
MGW/Staff

A fledgling program designed to assist social scientists, activists, researchers and politicians to access accurate information about gays and lesbians in the United States and Canada, had already begun creating policy changes at its home base - the University of Washington School of Social Work at Seattle.

Graduate student Nancy Nystrom, has formulated a project which will create a database of lesbians, gays, bisexuals and transgendered from across the United States and Canada which researchers can access for various studies.

Nystrom, a native of Sacramento, CA, is a long time activist. "I just found a way to put my activism to positive, longterm use," she said.

"I'm sick and tired of seeing these half-baked theories and so-called studies which are touted by the christian right as immutable truth and I'm sickened to see that those studies are conducted with as few as 10 or 15 people - many of them in grave religious conflict about their sexual orientation. It not only isn't fair - it isn't science," Nystrom said.

Already the project has cards from 3,000 participants willing to assist in studies and Nystrom expects to have over 10,000 by the end of the year.

"It will be the largest database in the country," said Nystrom who distributed cards at the March on Washington, in Seattle, Kentucky, Texas, California and other areas across the country and in Canada.

Louis Camera, the National Executive Director of the pro-gay Delta Lambda Phi Fraternity has agreed to enlist the assistance of the "brothers" on campuses across the country in getting cards filled out.

It is a tribute to Nystrom that her project has been able to leverage and interesting turnout in school policy. Last year the University opted to not have a gay and lesbian studies curriculum which engendered protests from the lesbian and gay students and community.

However the prospect of

multimillion dollar grants which can result from Nystrom's project brought them to inquire as to how the School of Social Work could participate in her program.

Nystrom told them. As a result, the University of Washington School of Social Work is the first in the nation to hire a Lesbian Scholar and a Gay Scholar to deal with lesbian and gay issues, curriculum, classes and other areas of concern.

Dr. Karen Fredrickson, a PhD. from Berkeley and Dr. Larry Ickard, a PhD. from the University of Cincinnati will be on the faculty at the beginning of the fall semester.

"They hired scholars, they're being supportive and have included sexual orientation on their anti-discrimination policies - they're going by leaps and bounds in comparison to other places," she said.

Currently Nystrom still needs potential study recipients to sign up for the program. "I think the results of some of these studies will surprise even the people in our community," she said.

"There are a wide range of social and economic myths about us that are going to be knocked over. In addition, our own community is going to have to start getting real about caste, class and race issues in our subculture. We're going to have to get over ourselves and start getting real. We're going to discover that there are great numbers of us who are not young, white, male and upwardly mobile. We are of all races and socio-economic levels - many of us are undereducated, living in poverty and aging - with all of those attendant problems in addition to being the only subculture against which violence and discrimination is tacitly approved."▼

# Dining at the downtown demagogue

by Marty Cooper  
MGW/Guest writer

*I've seen the devil of violence, and the devil of greed, and the devil of hot desire, but, by all the stars! these were strong, lusty, red-eyed devils, that swayed and drove men men, I tell you. But as I stood on this hillside, I foresaw that in the blinding sunshine of that land I would become acquainted with a flabby, pretending, weak-eyed devil of a rapacious and pitiless folly. (Heart of Darkness, Joseph Conrad)*

Somehow I expected a hush to fall on the room as we entered; I had on my mind the image of the detectives stumbling into the smugglers' warehouse, startling them up from their maps and whiskey, suspicion written on every face. From a mouth still chewing a gristly hamburger I feared would emerge some comment like, "Look at that! Damn faggot's got an ear-ring!" And I worried that we were not armed.

But Ditto's, as we found out, is probably not the Revolutionaries' Cafe of Sacramento's rightwing; the Backlash is unlikely to find its staging ground inside the little ersatz hospital cafeteria. Ditto's Cafe bills itself as "Sacramento's First Rush Room," an homage to Rush Limbaugh, once a local, who currently spews his blustery brand of hatred on a nation-

ally syndicated radio program. Ironically, it is located on 21st and N at the margin of Lavender Heights just down the block from the Town House, a gay bar. Its name refers to the convention of followers of Rush to express agreement with Limbaugh's positions by simply saying "ditto."

We queued up, my friend Richard ordering a pasta salad and I a diet cola, and while waiting to pay, a septuagenarian behind us, presumably seeing us as comrades, asked about the soda, "Is that the Anita Hill special?" "What," I said, nonplussed. "You know, one of Anita Hill's complaints against Judge Thomas? That he brought her a coke with frost on it and said it looked like pubic hair? I was just wondering if that's what you got." "Ah," I commented, and

then we found a table at the back of the regrettably crowded room.

As American society steadily deteriorates and more and more people lay in the streets, Limbaugh offers a valuable commodity to the middle class, a prepackaged rationale for injustice and inequality. Basically his ideology is that the wealthy (or would-be wealthy) have worked for what they have and the poor/gay/lesbian/woman on the street deserves everything they have. When you are confronted with misery you have three options; ignore it, change it, or support and justify it, and the Ditto Cafe clientele have opted the last choice. But they are probably best classified as the soft right, those people who will not be in the streets or at the oven switches for their cause, but may fund the declass groups who are so militant.

While we lunched, Limbaugh's bully -voice rained down from overhead speakers. One snippet was remarkably apropos to our interest; Limbaugh talked about Blackie's, the first Rush room in the country, run by a black man (sic) in New York. Blackie was asked in an

See DITTO, pg. 4



Youth Against Racism (YAR) activists demonstrate outside KFBK-AM in response to Rush Limbaugh's "message of hate."

## YAR rushes Limbaugh

A group of young people demonstrated at KFBK-AM Radio, the birthplace of the Rush Limbaugh Show. Youth Against Racism (YAR) claims Limbaugh's messages, though sold as entertainment, lead to a growing climate of hate and intolerance.

"KFBK and Rush Limbaugh are sending cues to the community that it is all right to find scapegoats in hard economic times," claim members of YAR.▼

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# Largest gay rights march set for NY in June

**P**lans were announced recently for a massive march and rally in New York City on June 26, 1994 that will affirm the human rights of gay men and lesbians worldwide. The events also will commemorate the 25th anniversary of the Stonewall Riots. March organizers expect it to be the largest human rights demonstration ever.

The activities include a march on the United Nations and will conclude with a massive rally on the Great

political leaders, and celebrities from around the world.

In addition, there will be a candlelight march to the site

Village on June 28, 1969, and lasted for several evenings. The riots began with a routine raid on a gay bar, the Stonewall Inn. Instead of passively accepting the raid, however, the bar's patrons, as well as lesbians and other gay men from the community, resisted arrest and fought back in three days of rioting.

The three co-chairs of Stonewall 25 are Pat Norman of San Francisco, Franklin Fry of New York, and Nicole Ramirez Murray of San Diego. Susan Jester and Steve Ault are the executive administrators.

the courage of our brothers and sisters at Stonewall who stood up for their rights for the first time. It is equally important that we remember the battles for basic rights for gay men and lesbians that are taking place in countries all around the world. Stonewall 25 is designed to do both."

Norman, the co-chair from San Francisco, said, "Stonewall 25 will mark a new level of commitment against homophobia anywhere in the world. As we talk about human rights violations it is important for the world and its leaders to remember that this includes violations against gay men and lesbians,

too."

Tree, who was at the Stonewall Riot in 1969 remembered, "It was routine before the Stonewall Riots for the police to raid gay bars and arrest those inside. When the police raided the Stonewall Inn, however, something different happened. A small group of drag queens came to the aid of one of their sisters who refused to enter the police van. There were three days of rioting in the Village by gay men and lesbians that followed. We had had enough, and we were not going to let it happen any longer."

See MARCH, pg. 5



Courtesy/Lambda Newsletter

Cleverly prepared participants in the 1993 March On Washington.

Lawn in Central Park that will highlight the diversity and talent of the gay and lesbian community worldwide. It will feature entertainers,

of the Stonewall Inn in Greenwich Village on Saturday, June 25.

The Stonewall Riots began in New York's Greenwich

Speaking at a press conference across from the United Nations, Nicole Ramirez Murray said, "It is important that we remember

## Ditto: More of Rush's lip

From pg. 3

interview how long he would keep the Rush room open, and he responded with, "Well, as long as people want to buy Rush, I'll serve him." This unrepentant capitalism was eagerly embraced by Limbaugh as a great example of the free market in action. Limbaugh is perhaps more dangerous for his self-commodification than some ideologue who actually believes what he or she says. He seems to spout his soft-core hate with the implicit understanding that he is more or less an entertainer, delivering a product he doesn't have to believe in, which makes him much more of a moving target.

The customers' depth of loyalty, to Ditto's Cafe and by extension to Rush, can perhaps be indicated by a group of three besuited white men who could not find a table and had to stand at a marble counter facing a wall. They were miffed; one fellow said with disgust, "This is ridiculous. I'm not going to

come back here again." Not to degrade the danger of the whole right-wing Limbaugh crowd, but the people eating at Ditto's seem more interested in lunch than crafting a brave new world. In fact, we were struck by how alienated people seemed. We did not see any groups or individuals talking to anyone they didn't arrive with. All were connected by Rush, not by bonds to one another that the cafe was serving to strengthen. Individualism combined with an emphasis on Limbaugh as the only thought you need not only separates these people from all their enemies, but also from each other.

Rich forced himself to stay ten minutes, then he abandoned his salad and we left. The white waitress breezily bid us a good day on the way out. Presumably, we could have been screaming about our love of welfare, drugs, gay sex, and revolution, and so long as we bought something, the proprietors would just smile.▼

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# Fargo bids for Supervisor's seat

By Erich Mathias  
MGW/Staff

In what may be a risky political move, Sacramento City Councilmember Heather Fargo has announced her candidacy for the Sacramento County Board of Supervisors. Fargo is seeking the seat being vacated by District 1 Supervisor Grantland Johnson who was recently appointed to a federal post by President Clinton. Two candidates will be selected from a field of six in a special election to be held Dec. 28.



MGW/Linda Birner

Heather Fargo, County Supervisor candidate and current City Council Member speaks with MGW reporters.

Fargo, who portrays herself as a "consensus builder" that would stand somewhat "on the left hand side of the board" if elected, faces Robla School District Board President Patrick Borin, attorney Roger Dickinson, former Fargo campaign worker Sally Hudson, Grant High School board member Erthia Johnson and Vincent Harris, a member of the local Human Rights Commission who was endorsed by Johnson.

A runoff election between the two top vote-getters will be held Jan. 25, 1994.

"I think the county is clearly more conservative than the city," said Fargo, noting that she sees a "real possibility" for passage of a domestic partners law as part of the county's agenda. "I would want to see where the other [supervisors] stand on the issue and see what would be necessary to implement such a [program] in the county." Expecting some

opposition from her constituency on the issue of domestic partnership when it was proposed in the city, as was found "when [former Sacramento Mayor] Anne Rudin let the Rainbow Flag fly in Plaza Park," Fargo said she was "surprised to find so little fanfare."

When asked what motivated her to seek another local seat, Fargo responded by saying "I really enjoy working in local government but on a more personal level I simply can't afford the \$16,000-a-year the City Council pays." The public service challenges on the Board of Supervisors that would face Fargo, now a four-year member of the city council, would expand to include mental health funding and homelessness. "There are issues that involve the city, certainly by its effect on the city, but remain beyond the grasp of city government. I am acutely aware of the nearly 1000 homeless and mentally ill living on the

streets of Sacramento. It's tragic...pathetic. I want to be more accessible and responsive and able to focus and move on these issues." For Fargo, her priority issues include HIV/AIDS, managed urban growth and the unique environmental problems confronting the county.

"We need to focus on the prevention of these problems, not just handling them after the fact," Fargo said. "Certainly one of the biggest health care issues confronting us, the city—the world—is AIDS. It is a problem on which I will be working very hard."

Fargo said, "Public safety, in my mind, goes beyond law enforcement. Public safety is whether or not we drown in a flood. Public safety is whether or not we have lighting in certain areas so people aren't mugged. Public safety is all the prevention work we need to do with our youth so they don't join gangs. To me, these are 'public safety' issues that get shoved aside for new uniforms and shiny guns."

When police informed Fargo of undercover investigations into allegations of gay public sex along the river front areas of Richards Blvd. and in Miller Park on the Sacramento River, she felt helplessly confronted by an issue she was not "prepared to deal with in elected office."

"It was a new issue for me. I could understand why some of the businesses [where public sex was taking place] were concerned, why employees felt uncomfortable finding people on the hood of their cars. But what we found in the process was that most of the men who were frequenting these locations were not leading a gay lifestyle. This was activity they participated in on the way home to the wife and kids. There were a lot of arrests."

"Naturally the gay community became quite

upset about the allegations and investigations into them. In later meetings with community leaders, which included Anne Rudin, I was told that these investigations were unacceptable. As part of my own learning process and outreach, I participated in conjunction with the Sacramento AIDS Foundation and other gay groups in finding alternative approaches to resolve the problem. It's not just a matter of arresting someone for what is, frankly,

an illegal activity but more importantly educating people on what is best for their personal health and that of others and showing them that there are other places to meet partners. I was made very aware that the gay community does not want this to be their public image when few gays are participating in it."

Fargo was recently endorsed by both the Capital Political Action Committee (CAP/PAC) and the River City Democratic Club (RCDC).▼

## March: Stonewall 25

From pg. 4

Fry, one of the co-chairs, said, "We expect more human rights demonstrators than ever before assembled in one place. Once that was an overwhelming goal. However, given the number of people who took part in the 1993 March on Washington and the fact that Stonewall 25 will be attracting participants from around the world, we think one million participants is a reasonable prediction."

Fry added, "The International Association of Lesbian and Gay Pride Organizers agreed several years ago to move all local gay pride

events from that date as a means of assuring the greatest possible attendance in New York."

From June 18-25, 1994, New York also will host Gay Games IV, a series of athletic competitions featuring various sports and track and field events for gay and lesbian athletes from around the world.

10 Percent Magazine is a sponsor of Stonewall 25.▼

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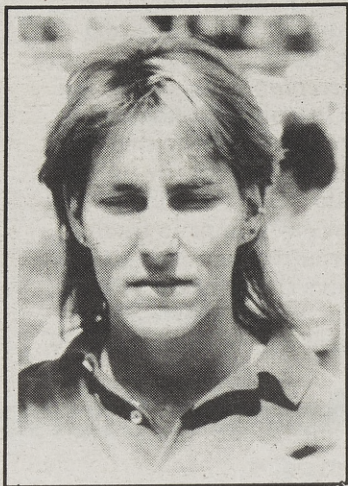
# STREET TALK

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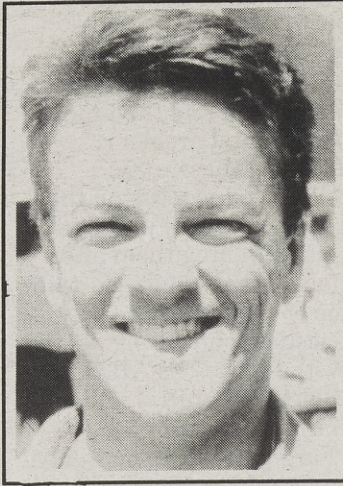
**Jeff Miranda**

I'd buy a great big ranch and invite all my queer friends to come live with me.



**Heidi Hawthorne**

I'd buy a ranch with pigs and dogs and a woman for Bonnie and a Harley for my girlfriend Pam.



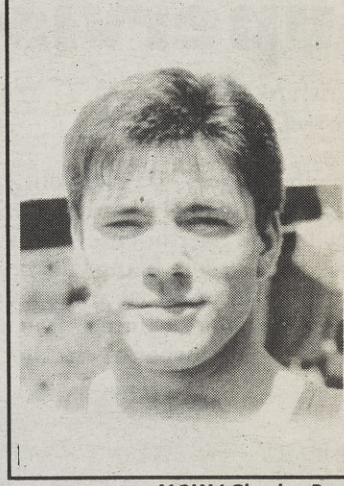
**Eric Edenfield**

Get on a plane and go to Eastern Europe and live like a king.



**Lisa Leos**

I'd quit work and donate to the AIDS Foundation and put myself through college.



MGW/ Charles Peer

**Michael Depietropaolo**

I would donate it all to the Michael Jackson Defense Fund.

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## UNDER THE DOME

Gay death squads investigated

## Labor network lauds Lantos

The Gay and Lesbian Labor Activists Network of the National Capital Area (GALLAN/NCA) lauded Rep. Tom Lantos (D-CA) for raising concerns about the abuse of gay and lesbian rights in Mexico in a hearing in Washington, D.C.

Rep. Lantos, Chairman of the House Subcommittee on Human Rights, "is the first

government conduct." Sheets noted that GALLAN urges the Congress to vote down this NAFTA agreement.

Lantos used reports from Amnesty International, the International Gay and Lesbian Human Rights Commission (of San Francisco) and the Human Rights Department of the Archdiocese of Mexico to raise questions in his panel's discussion. Especially useful was the Archdiocese's statement on "the tremendously disturbing

pattern of state-sponsored assassinations of homosexual men in Mexico."

The archdiocese reported that Mexico had a history of general intolerance and discrimination against gay people, but since 1991, "a systematic campaign has been waged in the state of Chiapas seemingly to eliminate homosexuals and especially transvestites, [with] strong evidence . . . that this campaign has been waged by various police corporations, with the possible involvement of the army."

The victims were picked up in the city and then found murdered outside town with the body dumped by the side of the road. They were shot "with expert marksmanship and using high caliber weapons, such as 9 millimeter (theoretically only issued to the army), 38 super and 45 caliber (issued to judicial police)," according to the report. Witnesses, including Neftali Ruiz Ramirez, the Vice President of the Gay Transvestite Group in Tuxtla Gutierrez, have also been killed.

The archdiocese concluded that "[i]n addition to the horrifying implications of these death squads, we are equally troubled by the authorities absolute refusal to

conduct appropriate investigation and the fabrication of guilty parties, especially the tendency to ascribe blame to other members of the gay community."

The archdiocese also referred to other killings in Mexico City and the International Gay and Lesbian Human Rights Commission (IGLHRC) reported the deaths of three gay men, including Francisco Estrada, Member of Congress to focus concern on the appalling record of Mexico on gay & lesbian rights" noted GALLAN spokesperson, Van Sheets. "We applaud his initiative to include lesbian and gay rights along with the dismal track record of Mexican authorities on labor rights, worker safety and health issues, the use of censorship, and blacklisting of journalists who question a physician who was founder and president of the Mexico City AIDS prevention organization, Ave de Mexico. IGLHRC reported that "[a]ccording to Mexico City police, the three men were found murdered in an apartment, obviously tortured, stabbed with knives and strangled to death. The murders followed four other murders of gay men in recent weeks."▼

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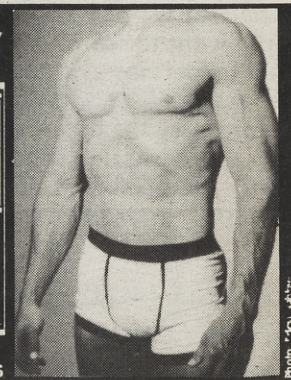
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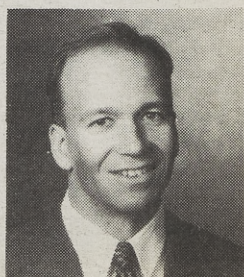
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## Part 1

# AIDS in review, 1993

By Sonya Cox  
AIDS/HIV Editor

**F**ew medical breakthroughs came to the rescue of people with AIDS in 1993, but a more thorough understanding of the disease's progress brought forth great controversies and more solid guidelines on staying healthy with HIV disease.

During the early years of the epidemic, many studies concentrated on what to do as a person's immune system became depressed and headed toward the 200 T-cell marker. And then the advice seemed literally to stop. The last year or two has seen a growing (and most welcomed) trend toward studying medications to assist people who have between zero and 200 T-cells as well — a bit of a knee-jerk reaction to discovering that many people were staying alive and healthy for long periods of time with literally no immune system.

Are they living longer because they have a positive outlook and are able to remove stress from their lives? ...because they work with their physician to creatively intermix western medications and eastern alternative strategies? ...because their ancestors passed on to them stronger genes? ...because they have created for themselves a supportive environment? ...because of other factors?

After more than a decade, no one yet has the answer, but many suspect it may be a combination of all of the above.

Perhaps the largest breakthrough came from the conclusions of the National Institute of Allergy and Infectious Diseases (NIAID) when it addressed the widespread confusion generated by the European Concorde AZT trial. This large, 3-year European study contradicted in several aspects U.S. studies on the effectiveness of AZT. Finally, conclusions were passed on to us from the world's foremost AIDS treatment researchers and clinicians that provide guidelines to physicians, but emphasize that the decision to use or decline treatment ultimately should rest with the patient. The recommendations suggest a physician/patient partnership, and support flexibility in a person's treatment plan based on their individual

See AIDS, pg 19

## HIV/AIDS update

By Sonya Cox  
AIDS/HIV Editor

### German blood bank scandal broadens...

A second German blood bank has been charged with knowingly distributing plasma which had not been tested for HIV. Earlier last month, another supplier was shut down on similar charges; one hospital used 87 units of the untested blood from this company during the month prior to the discovery, but the total extent of the damage done is not known. German political leaders are now demanding tougher laws to regulate the blood plasma industry.

### And the numbers grow...

AIDS is now the main killer of men aged 25-44 in this country, and the fourth-leading cause of death for women in this age group. Since the official beginning of the epidemic twelve years ago, 339,259 Americans have been diagnosed with AIDS, resulting in the death of 204,390. Under the government's expanded definition, which includes diseases that kill women and gives an AIDS diagnosis to anyone with fewer than 200 T-cells regard-

less of symptoms, 85,500 Americans were newly diagnosed during the last nine months alone, a 141-percent increase over the previous year. In Sacramento, 1,600 of

the estimated 5,000 people with HIV have developed full-blown AIDS. Over 800 have died.

See UPDATE, pg. 8

### In Loving Memory of over 800 Sacramentans lost to AIDS Peace to their valiant souls and to the loved ones left behind

December 1988:

Linda Cottrell

December 1989:

Bill Quinn

Donny Dingler

Roy Frisch

Al Valdez

December 1990:

Jimmie Collier

Gary Batcher

December 1991:

Stan Hadden

Charles J. Hribal, Jr.

Tommy Gossett

Leonard Wilcox

Gilbert Lopez

December 1992:

Michael Patterson

Jim Graham

Michael Barrett

Jerry D.

Jim S.

Sacramento readers are invited to add the names of their loved ones to MGW's remembrance column. Please call 648-1120 at least 30 days prior to the anniversary month of your loss.

### Christmas AIDS Awareness Walk for Kids

Friday Dec. 24  
Roosevelt Park  
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## Update: 5000 estimated to be HIV positive in Sacramento

From pg. 7

### A physician's decision...

A doctor in Toronto, Canada, is being sued by the family of a man who died of AIDS. The physician testified that he never told the man he had received HIV-infected blood during heart surgery because he thought the man might become suicidal. The

man had told the physician that sexual relations with his wife had ceased, so the physician was not concerned about transmission. The woman is now HIV positive and says she and her husband had a sexual relationship right up until the time of his death.

### AIDS Action League...

The AIDS Action League,

a group of individuals who solicit by telephone and go door to door for donations "to combat AIDS in Sacramento," has yet to respond to the scrutiny they've been under for the past few years because of their questionable financial management practices. Citizens of Sacramento, San Joaquin, and other nearby counties where AAL's canvassers work, sometimes without a license, are urged to

exercise extreme caution in donating money or volunteering their time to AAL. The group runs a house in Sacramento called "Families Too" that is open to women with AIDS, but the Sacramento Health Council reported last year to the County Board of Supervisors that it's unclear if the home is, in fact, open and operational. An investigation last year by the *Stockton Record* added to local con-

cerns, reporting that little more than 30 percent of AAL's revenues go toward the house, with the bulk of donations paying the salaries of managers and canvassers. Sacramento AIDS service officials continue to withhold their support of AAL or sanction its activities in any way.

### Condoms are working...

Two new studies even more strongly support previous conclusions that using condoms correctly plays a critical role in effectively reducing HIV transmission. In one study of male couples where one partner was positive and the other was not, none of the 123 partners who used condoms with every act of intercourse for two years became infected. With 122 other couples who used condoms inconsistently, 12 men contracted the virus. In the other study, of HIV-positive men and their negative female partners, 2 percent of consistent condom users, and 15 percent of inconsistent users became infected after 2 years.

### Clean works guidelines revised...

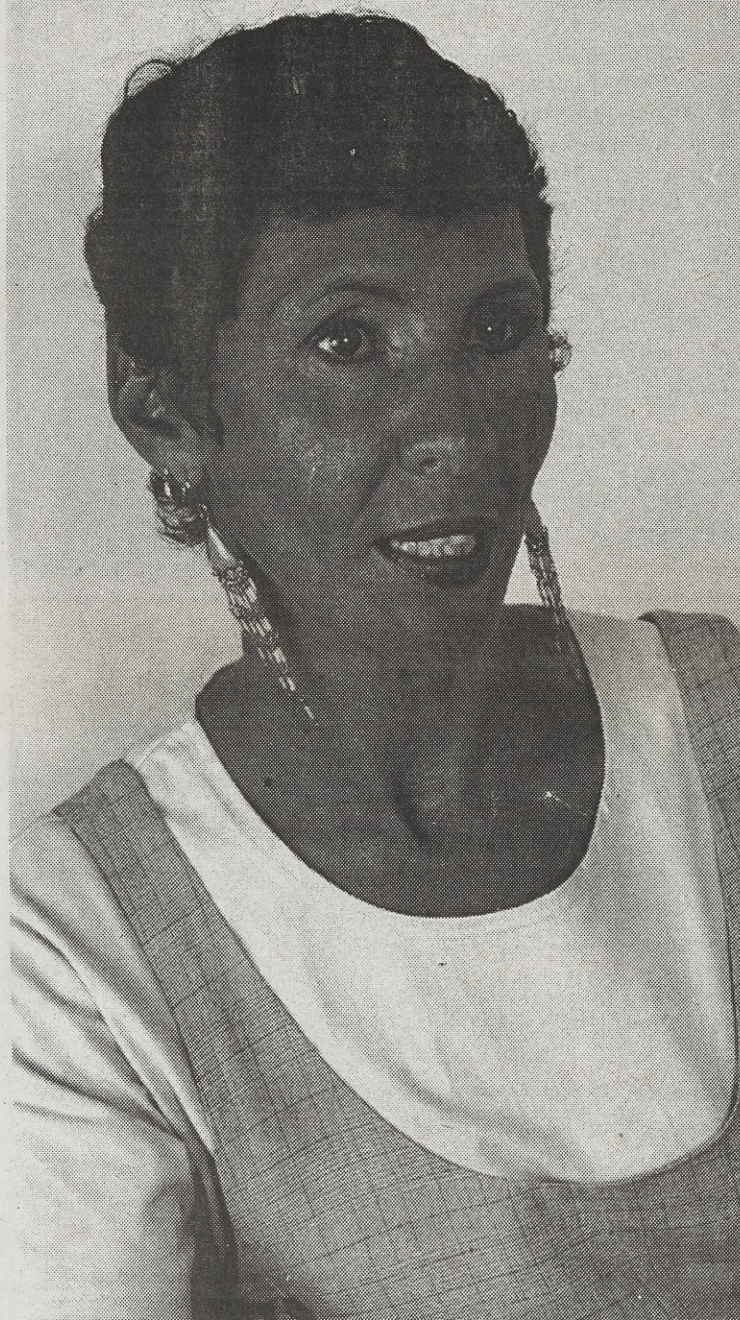
Previous guidelines that asked intravenous drug users to use 10% bleach to clean their equipment before sharing it have been revised based on recent studies. The new information shows a 10% solution takes up to 2 hours to kill HIV in blood, compared to 30 seconds at full strength. Use of disinfectants such as bleach (which is more effective than alcohol or hydrogen peroxide) reduces the risk of HIV transmission, but doesn't sterilize equipment. True sterilization occurs only after the equipment has been boiled in water for 15 minutes (which may alter the shape and effectiveness of plastics). Risk is reduced, however, by use of disinfectants. Since more than 80% of drug users don't clean the equipment for at least 30 seconds, revised recommendations include thoroughly washing the equipment with soap and water immediately after use, before the blood can clot, and then filling with full-strength bleach for 30 seconds and rinsing thoroughly with water. Caution is advised to make sure all bleach is rinsed away because injecting bleach into a vein can cause serious medical problems.

### Help create a miracle

The Fourth Annual "Let the Miracles Begin" will be held Dec. 5th at One Capitol Mall in the Penthouse from 4:30-7:30pm. Tickets are \$50. RSVP 863-3400.

There will be entertainment, food, wine and this year's special guests: Alan Frio and Beth Ruyak/KXTV Channel 10; Supervisor Ila Collin and Secretary of Health & Welfare, Sandy Smoley. All proceeds from "Let the Miracles Begin" benefit Hand-to-Hand, a program of the Sacramento AIDS Foundation. ▼

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#### Age:

#### Long Distance Carrier:

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#### Why I made the Switch to CommunitySpirit:

When my partner Margie died, I applied for her benefits from AT&T. Despite AT&T's non-discrimination policy, I was denied. AT&T promotes themselves as a friend of the lesbian and gay community, I took them to court. The courts ruled that AT&T's policy was only a guide and that they need not follow it.

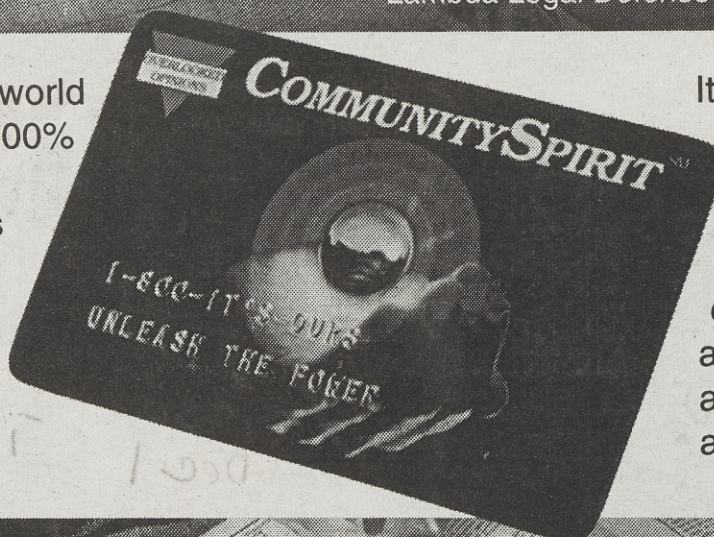
It wasn't a lot of money. Why couldn't AT&T just say "we will honor the policy. You have children. You were Margie's spouse—if not legally—here. Take something, take half, take anything." All I wanted to hear was "You were important to Margie. Margie was important to us. Let us give you what we give others similarly situated." I really thought they would do it for the children.

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## Lesbian Health Fund awards research grants

The Lesbian Health Fund (LHF) has awarded its first round of research grants to three studies addressing the health issues of lesbians and their families. The research addresses: alternative insemination methods, the impact of stigma on children of lesbians, and health practices of lesbian physicians.

The grants, totalling \$28,000, were announced at an Oct. 30 reception in San Francisco at which LHF made its official public debut. LHF is the only American or Canadian funding entity, solely dedicated to supporting lesbian-specific health research.

"The funding of these research grants is an historic occasion. Lesbian healthcare is an area of medical care that has been seriously neglected," said Patricia A. Robertson, MD, the San Francisco obstetrician/gynecologist who heads LHF's grant review committee.

The first grant recipients: "A Comparison of Alternative Inseminations Used by Lesbians." Its investigators are Nina Carroll, MD (Fenway Community Health Center, Boston) and Julie Palmer, ScD (Boston University School of Public Health). The project will receive \$7,000 each for two different components,

totalling \$14,000;

"The Effects of Stigmatization on the Children of Lesbian Mothers." Its principal investigator is Tamar Gershon, MD (the University of California at San Francisco). This will receive \$7,000; and,

"Sexual Orientation Data Subset: The Women Physicians' Study." The principal investigator is Erica Frank, MD, MPH (Emory University School of Medicine). This project will receive \$7,000.

The LHF was founded at the 9th Annual Lesbian Physicians Conference in

Mohonk, New York, in 1992. LHF is a project of the American Association of Physicians for Human Rights (AAPHR), the U.S. and Canadian organization of lesbian and gay physicians and medical students. Sacramento resident Elizabeth Harrison, MD, is on the founding advisory board and she serves as President.

LHF was formed to support a broad area of medical research focused on lesbian areas of interest, including the rates and risk factors for cancers, infections and diseases among lesbians; mental health concerns of lesbians and their families; and issues of access to the healthcare system for lesbians. Another goal is to promote the education of healthcare workers about lesbian health needs and the education of lesbians about risk reduction and early diagnosis of health problems.

Tax-deductible contributions made payable to the Lesbian Health Fund can be sent to AAPHR, 273 Church St., San Francisco, CA 94114. Info: 415-255-4547. ▼

## Margie Adam, alive and well

Reviewed by Lynne Ohlson  
MGW/Staff

Saturday, Nov. 20th was a day not to be forgotten by the fortunate crowd that attended the SACWN presentation of pianist Margie Adam. After a seven year hiatus from the performing stage and a much longer absence from Sacramento, this gifted woman finally returned to treat us to an evening of new material and old favorites.

Still performing under her original company, Pleides, she regaled us with songs from *Margie Adam Singer, Here is a Love Song* and instrumental favorites from *Naked Keys* and the newly released, *Another Place*. The new pieces are the grown children of the original albums and have a new gentle quality as her voice has likewise mellowed and softened as she has matured.

I cannot write an objective review of the concert because listening to her keyboard wizardry and familiar voice

brought back the winter of 1978 and all the old beliefs and values that I embraced in that decade. I remember when lesbians fought for lesbian causes and women fought for women's causes. It was fitting that Margie stumbled over the words of "I've Got a Fury" since the fury in all of us has seasoned to universal discontent and our battles are personal.

One of the new songs has the line, "my mind is out to get me but my heart is on my

See MARGIE ADAM, pg. 15

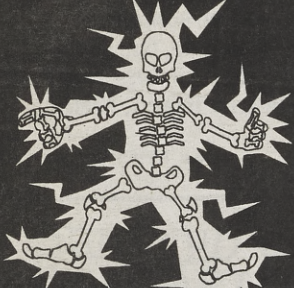
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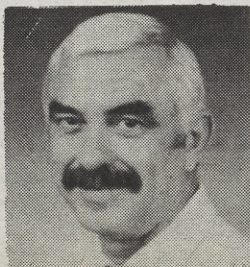
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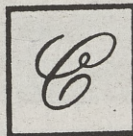
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JUST A MAN (A STORY IN THREE PARTS...) BY ANDROSS

Chapter Seven

# House of Sticks



**P**reviously: The first kiss between Jack and Adam gave Adam the strength to believe that eventually he would have the man he knew he loved. Meantime Jack continued to worry about the "situation" and made it clear he would not be gay.

I arrived at Jack's house around nine thirty in the morning. It was a large house, not quite a mansion but close. I had never been inside, he was usually outside waiting for me. I approached the door and rang the bell. It made those long chiming songs that seems to drag. A woman answered the door. She was dressed casually with a white apron, I was certain it was the maid and not Jack's mother. I

introduced myself and the woman told me I was expected and asked me to come in.

"Would you like to wait here in the foyer or in the sitting room?" she asked respectfully.

I didn't know what to say. "What is a foyer? What is a sitting room?" I wondered.

Before I opened my mouth Jack appeared from the hall and beckoned me to come into his room. He was dressed in a

robe and his hair was all wet and hanging in his eyes. I had never seen him not "done up" before. He showed me to his room then was gone again.

I sat on a chair in his room. It was so big, his room alone was bigger than my living room at the house I was to move into. Many dreams of me sharing that little house with Jack were made very unrealistic upon entering that room.

He had many things. A lot of nick naks and glass stuff. His walls were decorated with several prints of Marilyn Monroe. Many of them I had never seen before, one was even autographed. I stood to inspect it closer, it appeared to be real ink, not just printed on there.

"Oh yes, my father bought that for me at an auction," I heard Jack say from behind me. "It was a steal at twelve hundred dollars."

I said nothing. I thought of how rich I felt when I got David Prowse's autograph on a Darth Vader poster a few years ago.

This was what real living was like. At that moment I felt very poor. I looked down at my tattered jeans, and my shirt that my mom got on sale at Mervyn's for fifteen dollars, I suddenly felt very inadequate.

This train of thought led to more positive thought. There must be something special about me, the person, to keep such a prestigious guy like Jack as a friend, better

See STICKS, pg. 14

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<b>Camelot Resort</b> Box 467 4th & Mill St, Guerneville 707-869-2583	X			X	X	X	X		X			Motel-cabins, TV, fireplaces.
<b>Jim &amp; Rodney's Guest Cottage</b> 16270 Rio Nido Rd. 707-869-1146	X			X	X				X	X	\$100-150	One cottage behind large farmhouse. Fully furnished. Romantic. Sleeps up to six. Full kitchen. VCR. Pets on approval.
<b>Fern Grove Inn</b> 16650 River Rd., Guerneville 707-869-9083	X			X	X	X	X		X		\$59-199	Cottages. Continental breakfast.
<b>Fife's</b> 16467 River Rd., Guerneville 707-869-0656	X	X	X	X	X	X	X	X	X	X	\$60-200	Beautiful grounds! One of the oldest resorts. Restaurant and bar. Very popular.
<b>Highland Dell Inn B&amp;B</b> 21050 River Blvd., Monte Rio 800-767-1759	X			X	X	X			X	X	\$70-225	Beautiful B&B!! On the river. Private/shared, baths. Cont. breakfast. Say hi to Glenn and Anthony, owners, from MGW!
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<b>Fire Mountain Lodge</b> 16350 1st St. Box 1867, Guerneville 707-869-3722	X			X	X	X	X	X	X		\$60-110	Fireplaces, river in backyard. Close to town.
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<b>Coffee Bazaar</b> 14045 Armstrong Woods Rd.		X				X				X		Dine-in, take-out.
<b>Burdon's</b> 15405 River Rd 707-869-2615		X	X			X				X		Coffee/desserts cafe.
<b>John Ash &amp; Co.</b> 4330 Barnes at River Rd/Hwy101 707-527-7687		X	X			X				X		Gay owned restaurant.
<b>Hiding Place</b> 9605 River Rd. 707-887-9506		X	X			X				X		Exquisite restaurant!
<b>Lalita's Mexican</b> 16225 1st St., Guerneville		X		X	X	X				X		Great breakfast/lunch/dinner.
<b>Breeze Inn BBQ</b> 15640 River Rd. 707-869-9208		X		X	X	X				X		Lesbian owned
<b>The Last Word Newstand</b> 14045 Armstrong Woods Way 707-869-0571				X	X	X				X		Superb BBQ, Lesbian owned.
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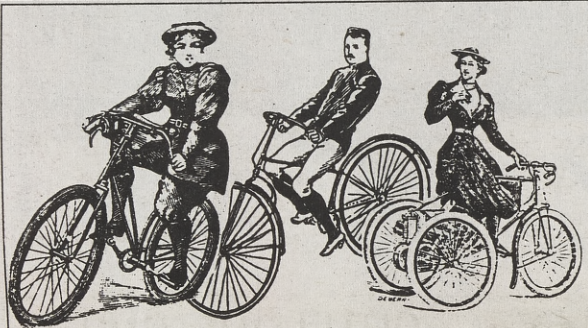
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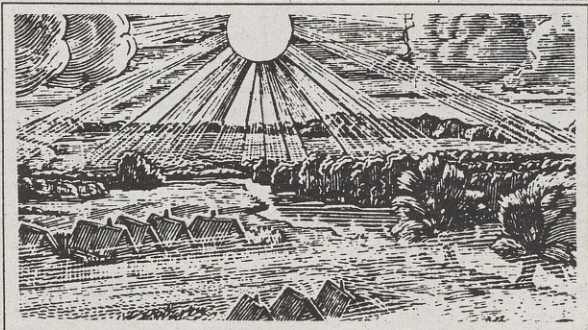
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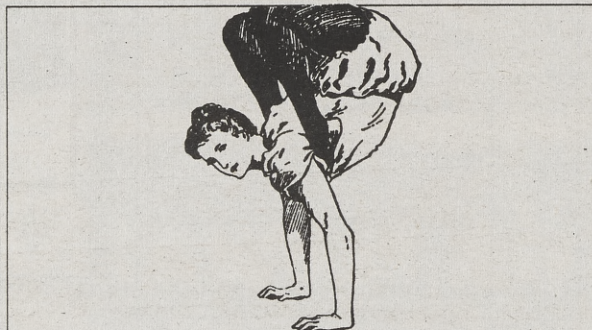
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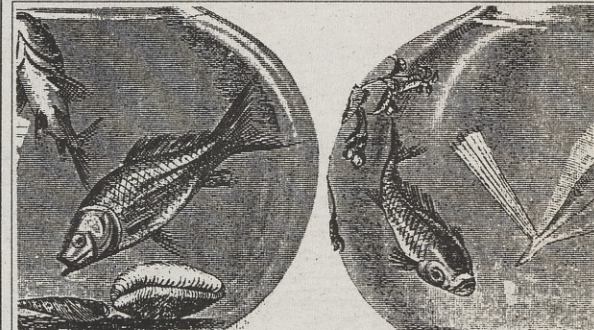
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## BUSINESS PROFILE

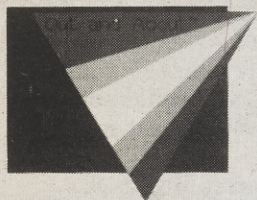
Gay/lesbian mail order merchandise

# Pride for sale

By Dorothea Ryneanson  
MGW/Staff

**M**ove over Castro Street. Next time you're in the market for a gift, for yourself or someone special, you need only travel as far as your mailbox. From faux gay-inspired military ribbons, to Freedom Rings(TM) pendants, art, stationary, clothing, and books to games, videos, and feminist music, gay/bi/lesbian catalogs offer an easy access shopping spree. Ranging from the extravagant to the inexpensive; pride rings sets with precious and semi-precious stones, key chains and coffee mugs, you can find it all.

Direct marketers are coming out of the closet...and heading straight for your bank account. A growing



number of mail order companies are targeting gays. They're hoping you'll open your wallet and add to their profits by selling everything from risque apparel to same-sex wedding cake toppers.

Stats from the Simmonds Market research Bureau show that approximately 73 percent of gays and lesbians order products by mail or phone, compared to 53 percent of the general population.

On the consumer end, shopping by mail is a ready-made solution for finding products appealing specifically to gay tastes. Gay/lesbian or gay-friendly catalogs offer products not found inside the confines of most mainstream department stores.



RAINBOW PRIDE FLAG TOWEL

Leading the way in gay catalogs is **Shocking Gray**, rivaled only by **Hanover Direct, Inc.**, the mail-order conglomerate with multiple clothing and housewares

catalogs, which publishes **International Male**, **Undergear**, and the recently launched **H.I.M.** catalog, targeted specifically to gay males. Rivaling for the lead in lesbian catalogs are **Ladyslipper** and **Olivia Records**.

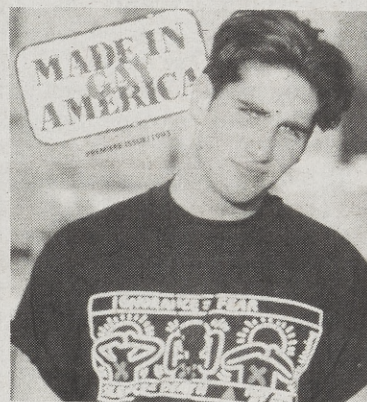
Gay/bi/lesbian catalogs are numerous and their numbers continue to grow. Add to the list **Proud Enterprises**, a lesbian owned business based in New York, offering a variety of community pride products.

On the local front, there's **Be Proud**, a lesbian owned



mail order company located in Davis. **Be Proud** recently expanded its three-year old venture by opening a showroom in downtown Davis. Over 200 gay and lesbian pride products from their catalog are showcased.

Mimicking **Be Proud's** success is **Don't Panic! Designs**, a Los Angeles based



**Be Proud!**: Box 1364, Davis, CA 95617. 800-755-9976. Offers a variety of gay and lesbian pride products. Check out the products first-hand by stopping by their newly opened store, located at 221 G St., Suite 202, in Davis.

**Proud Enterprises**: 496 A Hudson St., Suite E22, New York, NY 10014. 800-IS-PROUD! catalog features a wide range of community specific products.

**Shocking Gray**: 1216 East Euclid, San Antonio, TX 78212-4159. 800-788-4729. An assortment of general merchandise and gift items are featured in these slick catalogs!

**The Complete Gay & Lesbian Music Catalog**: 147 Second Ave., #498, NY, NY 10003. 212-777-7240. The 1994 issue of the yet-to-be published catalog promises 'reviews of products, artists profiles and a Billboard-style chart of "Editor's Picks-Top Tracks" of gay and lesbian recording artists.'

**Made In Gay America**: 2122 Salem Ave., Roanoke, VA 24016. 800-USA-GAYS. Features a variety of products, including Red Ribbon and Pink Triangle checks so you can show your pride as you drain your bank account.

**Art With Heart**: Box 6367, Syracuse, NY 13217. 315-474-1132. An eclectic mix of posters, buttons, t-shirts and stationary.

**Ladyslipper**: Box 3124-B, Durham, NC 27715. 800-634-6044. Offers some gifts but mostly lesbian and feminist music.

**Olivia Records**: 4400 Market St., Oakland CA 94608-3424. 800-631-6277. Features music and gift items for lesbians.

**Don't Panic!**: 8721 Santa Monica Blvd., #13, West Hollywood, CA 90069. 800-457-2642. T-shirts, watches, Miracles Happen Christmas Bells, hats and jewelry.

**Rainbow Pride Flag Towel**: 806 Duval St., Key West FL 33040. 800-927-0316. Giant, gorgeous Rainbow Flag towels.

**Also Locally**, **Choices**: 2231 J St., Sacramento, 448-6742. Stocking stuffers, t-shirts, jewelry, pins and badges. Tell them MGW sent you!

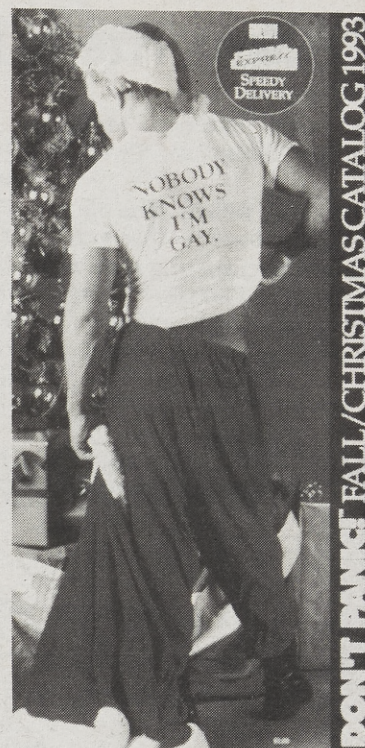
**The Pride Co.**: 4104 24th St., #346, San Francisco, 94114. 800-568-5880. T-shirts, bath robes, patches and boxes. They also have a 10% Christmas sale going on now.

**Out and About by Seaside Designs**: 131 Monterey Blvd., Hermosa Beach, CA 90650. 408-458-3214. T-shirts and posters.

company also founded three years ago. From its humble beginning in a West Hollywood bedroom, **Don't Panic! Designs** expanded its operations this year by opening boutiques in New York and Miami, as well as a European mail-order office in London.

"We've seen demand growing fast for **Don't Panic!** products in Europe," says founder and president Skyler Thomas, "And so many people wear **Don't Panic!** in New York and Miami that customers thought we had stores there already. We figured it's time to take advantage of our recognition and make our presence stronger in two very important markets." The company already operates popular boutiques in West Hollywood and Provincetown, MA.

If the burgeoning success of these companies is indicative of the marketplace, be prepared for an onslaught of catalogs making their way to you. Then the next time



you're in the market for a trinket for that special someone or some pride-wear for yourself, look no further than your mailbox.▼

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## Sticks: The tale continues as Adam and Jack ponder carpeting

From pg. 10

yet he was unable to keep his hands off of me only a week ago.

Finally we left. The plan was to meet my mother and go pick the carpeting that was to go into the house. We were also going to pick up a few other items while we were out.

On the drive to the carpet place Jack and my mother engaged in a long conversation, they seemed to get along real well and I liked that. At the carpet store we chose the carpeting for the living room. I was embarrassed when my mother chose one type over another because it was

cheaper, but said nothing. I was allowed to choose what color I wanted in my bedroom. I looked at all of the big bolts sprawled across the room. There was this green carpeting. It was familiar. Then I realized what it reminded me of. It was quite similar to the carpet in my dream I had about that man. Could it be that Jack was that man? Could it be I was destined to choose that carpet and eventually we would be making love on it.

I lingered for a moment then chose. Jack grimaced and asked why I wanted green. I explained that it was my favorite color. Jack left me alone after that. My mother was happy to see I had chosen the least expensive carpeting around. We bought it.

Three days had passed since I had last seen Jack. He hadn't called me and I was beginning to wonder what happened to him. I began to contemplate the idea that he would leave and I would never see him again. The thought of losing another friend, and having it turn out like it did with Larry de-

pressed me considerably. That afternoon I saw Marilyn. She told me Jack had been real busy and that he may have found a good job that he was checking in to. She could sense my depression and relentlessly inquired why. I put her off and told her I was fine until I could no longer take it.

"I can't tell you. Don't think you would understand," I finally said.

"C'mon, I am supposed to be your friend, and soon I will be your roommate. If you can't tell me who can you tell?" There was a pause then she looked a bit angry.

"I'll bet you could tell Jack," she spit out in a jealous tone.

"He is involved and I wouldn't have to tell him!" flew out of my mouth.

"What's going on?" she asked, changing her tone to tender. "Are you getting feelings for Jack like you did Larry?"

"It's even worse than that." I began, not realizing I really shouldn't trust her. "Things have happened."

"What... things!?" she

asked anxiously.

"Well he touched me."

Shock grabbed her face. Then barely controlled anger.

"Well I suppose I can kiss my fantasy about him goodbye! First you, now him. I must be battling a thousand. Listen. I don't know what to say. I need to go."

That was it. She was gone. I was afraid, what if she confronted Jack, he would be very angry with me. I knew that trouble was brewing.

Two days passed, I heard nothing from Marilyn. Then I heard from my mom that she decided not to move in and that she was moving to her Grandparents house in Utah. I was surprised. I could not believe she would react so severely.

I had been calling Jack's house quite often, but they always took a message and I heard nothing. One afternoon I had got Jack's brother.

"Hello, is Jack there?"

"No, he went to Utah with his friend Marilyn..."

TO BE CONTINUED

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### FILM



Robin Williams as Mrs. Doubtfire with Sally Fields.

#### Mrs. Doubtfire

1993, color, 112 mins  
Directed by Chris Columbus.  
Starring Robin Williams, Sally Field, Pierce Brosnan, and Harvey Fierstein.

Supreme comedy about typical family's trials and tribulations dealing with divorce and its consequences. Story revolves around fed-up wife (Field) who leaves irresponsible, irrepressible actor husband Williams. Unable to manage three children and a full-time job alone, Field seeks outside help in the form of a housekeeper/nanny. She unknowingly hires Williams who has transformed himself into the also irrepressible Mrs. Doubtfire. Mostly predictable results follow, but film remains entertaining to a fault (though sometimes overly sweet and sentimental). The finale holds up by not betraying the difficulties of divorce with cliches and bromides. Watch for gay San Francisco comic Scott Capurro in a small role as Fierstein's partner, who together adorn Williams with his Mrs. Doubtfire costume. As with Dustin Hoffman's *Tootsie*, Williams' Mrs. Doubtfire is inextricably tied to the performer, and few actors could have achieved such a feat. —Teresa Flores

#### The Three Musketeers

1993, color, 105 mins.  
Directed by Stephen Herek.  
Starring Charlie Sheen, Kiefer Sutherland, Chris O'Donnell, Oliver Platt, Tim Curry, Rebecca De Mornay.

Fantasy tale of heroic boys in tights who sword fight is among the hit movies of the season. Disney-ized presentation of Alexandre Dumas' oft-told tale is aided by a riveting musical score and exciting fight scenes but injured by mediocre performances from a gaggle of Hollywood spot-rags. Outside of Platt's (*Flatliners*) clever performance as Porthos, the cast is largely forgettable. The story of young D'Artagnan (O'Donnell) trying to weave his way into the ranks of the Musketeers is typical Disney fare: "the young boy winning out over society." Definitely a bargain matinee for the kids or worth a trip to the video store, which shouldn't be long. —Teresa Flores.

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Chris Freeman and John Ginoli



Chris Freeman



Neo-queer rock band Pansy Division performed Nov. 20 at '3rd & B St.' in downtown Davis. Local radio station KDVS 90.3 FM sponsored the evening of alternative music as an "Awareness Show" which included 99 Tales and Up To Here.▼



Patrick Hawley

Photos: MGW/Steven Luse

## Margie Adam: Live

From pg. 9

side." During this concert, I sat between my lover and her ex-lover. I saw my ex-lover and one of her ex-lovers laughing in the aisle. I saw women that should have been lovers nod to each other in the lobby. I saw the past clearly and the present in a softened

haze. The old activists were out for the evening and not to plan an insurrection using their minds, just to listen to music using their hearts.

Thanks SACWN for bringing back an era and thanks, Margie, for stirring up old memories that had faded like old Polaroids.▼

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Spotlight

# Addams Family Values

1993, color, 101 mins.  
Directed by **Barry Sonnenfeld**.  
Starring **Anjelica Huston, Raul Julia, Christopher Lloyd, Joan Cusack, Christina Ricci, Carol Kane**.  
The adage that the sequel to a movie might never equal or surpass its predecessor is disproved in the case of *Addams Family Values* (director Sonnenfeld's follow-up to 1991's box office success *The Addams Family*). *Addams Family Values* is must-see holiday entertainment from gay playwright Paul Rudnick (author of *Jeffrey*, an AIDS comedy now playing in San Francisco) and is morbidly entertaining enough to delight the most jaded viewer.



The film begins with the birth of Baby Pubert, the newest addition to the Addams clan. The family soon finds it necessary to hire Debbie, (Cusack, *Working Girl*, *Hero*) a voluptuous and mysterious nanny/murderer/crook who woos Uncle Fester into marriage and sends the other Addams children, Wednesday and Pugsley, to summer camp. There, much to their disgust, the children are subjected to sing-a-longs and other camp activities. Oh, the nightmare of it all.

Wednesday, brilliantly portrayed by Ricci (*Mermaids*), inarguably steals the show. With no shortage of darkly humorous one-liners, the pale-faced adolescent masterfully recreates her role from the first film. Cusack also is spectacular in her blond bombshell role, quite different from any other film performance she's done to date. Finally, two unforgettable performances are found in Huston and Julia as Morticia and Gomez Addams who make this appropriately creepy, kooky, mysterious and spooky.

—Teresa Flores

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## Silent Heart

Reviewed by Elisabeth Pyle  
MGW/Staff

**Silent Heart**, Claire McNab, Naiad Press, 1993, 173 pages, \$9.95 paperback.

What is wrong with the women's press today? Did all of the old English majors fall into government jobs and the editing is left to the kids that spent English class out by the

**CLAIRE McNAB**

**Silent Heart**

gym smoking? Can't we tell an author that a boo is not worth being published?

For some unknown reason, Claire McNab, who is a very capable mystery writer, found it incumbent upon herself to write a romance. I

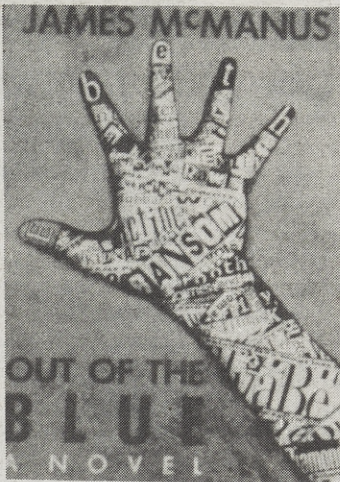
mean, really. The whole megillah, a dweeb of a character that writes an academic tome on Victorian Erotica is aggressively pursued by a journalist who wants to find the woman behind the book. Of course the journalist is an out and strident lesbian who ramrods the idea of romance down the poor innocent professors' throat...

It is too much. McNab, stick to your Carol Ashton mysteries. Romance is for the people who can't write literature.

## Out of the Blue

**Out of the Blue**, James McManus, Grove Press/Evergreen Book, 1984, 244 pages, \$8.95 paperback.

McManus is not writing a story as much as he is revealing a mood or a piece of humanity that we have never taken out of context and expressly examined. The words chosen to tell the story of the wait for the resolution of a kidnapping of a five-year-old tell more of the motives of men to dominate and oblige



than the simple story.

This is on the surface, a story of mistaken identity the wrong child, the poor parents instead of the wealthy businessman. But the strength of the writing is the voices in the sub chapters which are the people of the city discussing the case, the voices of the kidnappers, the police and others.

This is an excellent choice for a weekend reading. You should plan on undisturbed time to read and appreciate this one. ▼



MGW/Steven Luse

The Sacramento Men's Chorus performs for the Veteran's Tribute at the State Capitol on Nov. 6.

## A Season of Diversity

The Sacramento Men's Chorus' "A Season of Diversity," their holiday winter concert that includes aspects of Christmas, Chanukah, Winter, Kwanzaa and the New Year, will be held on Saturday, Dec. 19, at 3pm in the St. Francis Church at 26th and K. Preferred seating tickets are \$20 in advance and \$25 at the door, or general admission tickets are \$10 in advance and \$15 at the door.

Tickets: The Gifted Gardener, 2122 J St., Howe Ave. Box Office, 925 Howe Ave. Info: 444-5213. ▼

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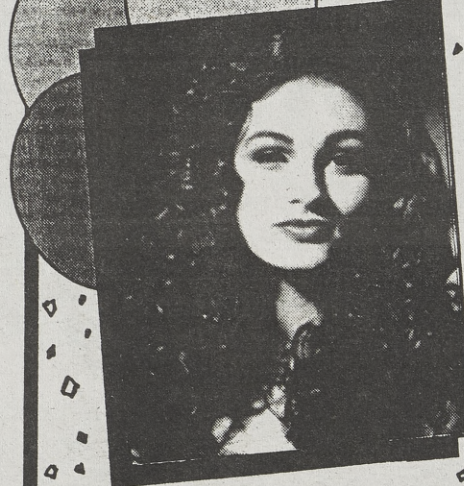


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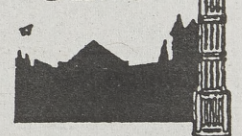
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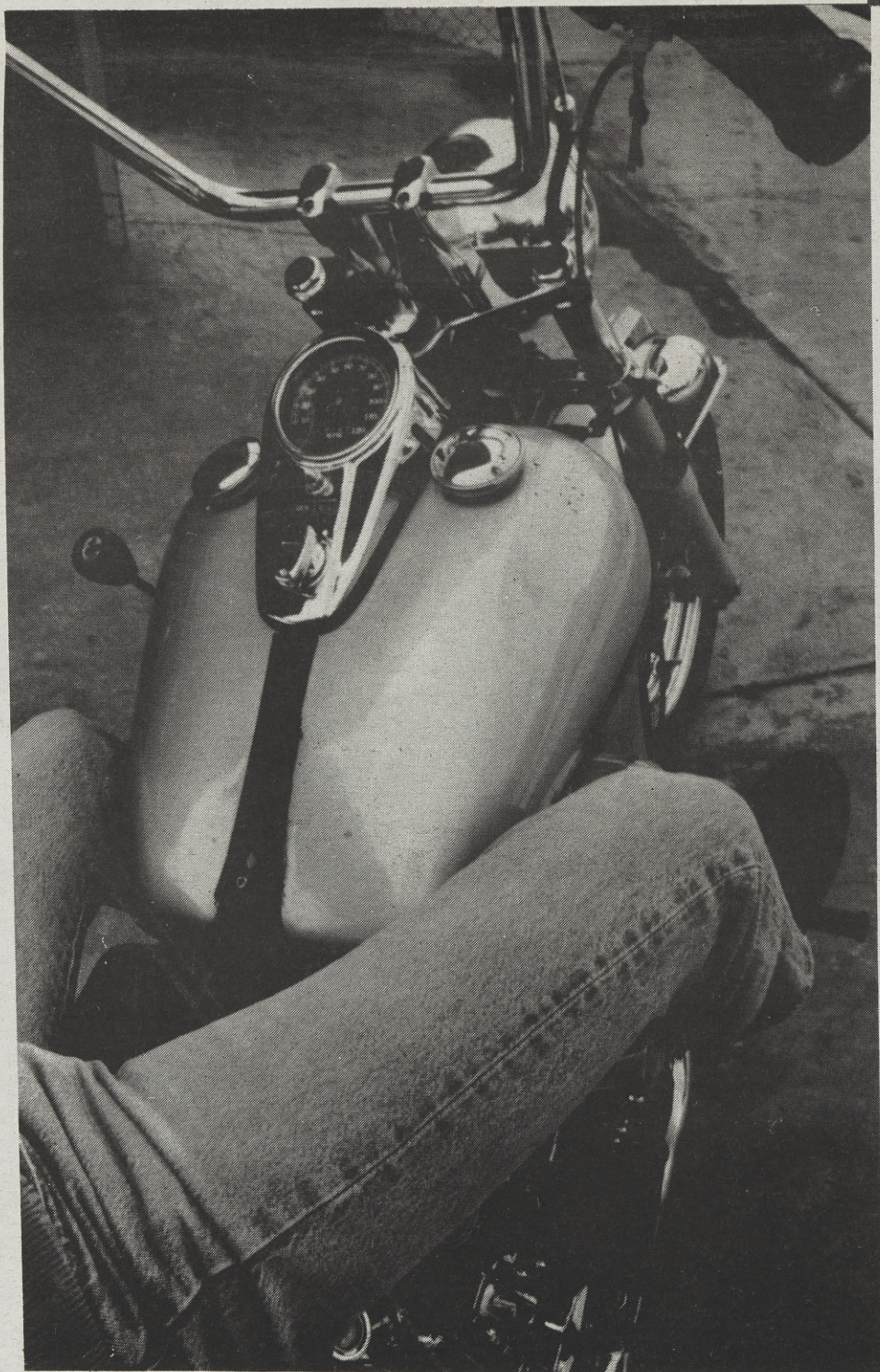
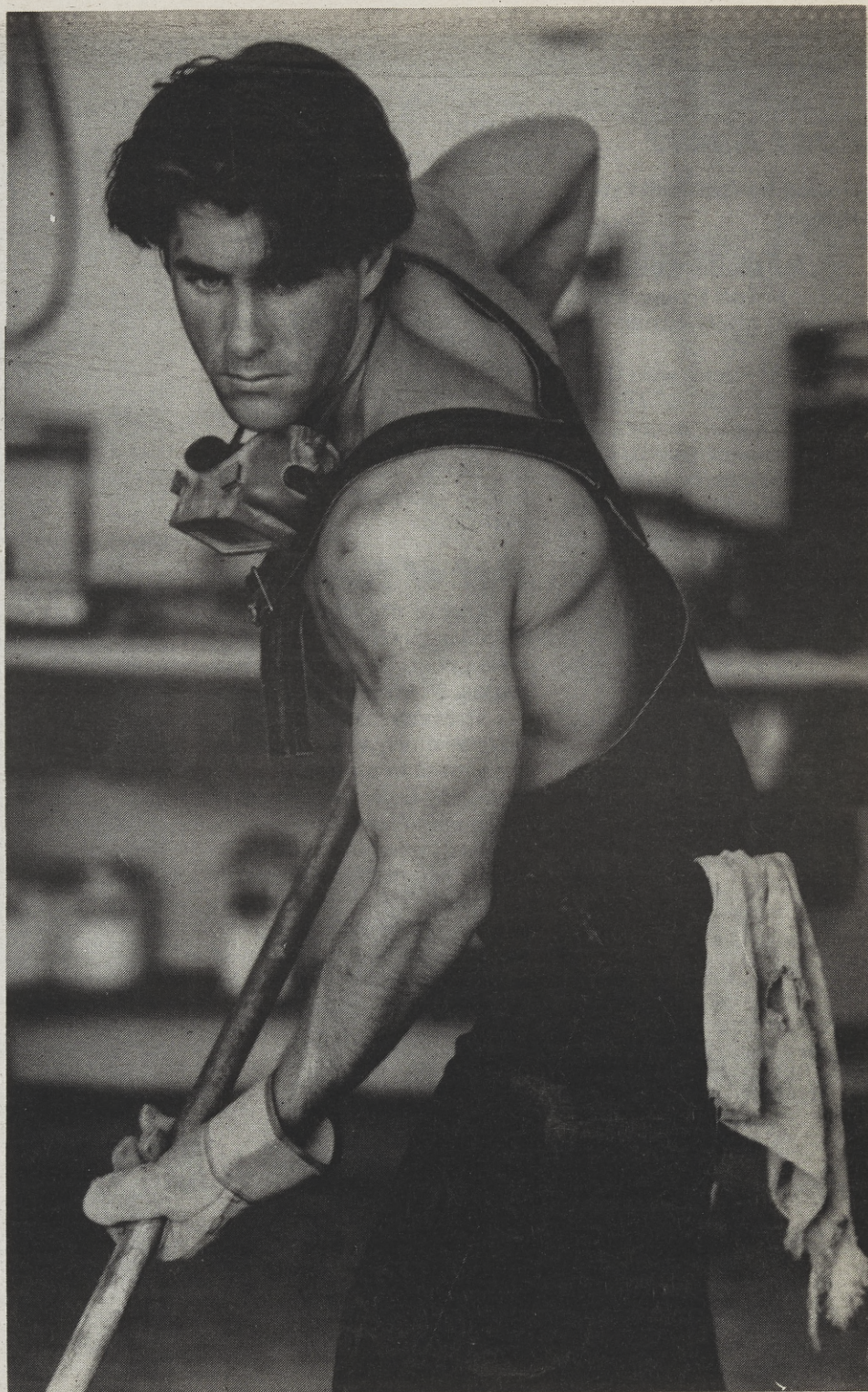
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# Holiday gift giving for pets and owners

By Joan Guertin  
MGW/Staff

It is that time of year again, the time when you have to sit down and decide what you are going to buy everyone for Christmas. Fortunately, most of my friends are pet owners, so I decided to stop by Susan and Gene Lockes' **Reigning Cats and Dogs** and see if I couldn't come up with a few ideas.

Their selection of merchandise runs the gamut from inexpensive ornaments to pricey jewelry. I still get a large charge out of the doggy treat machine which is a wonderful novelty and once the pup has learned to work it, proves to be a great party ice-breaker. "T" and sweatshirts celebrating love for both species make wonderful gifts. There are special treats, remarkable toys and for the really special cat lover in your life there is even a unique Victorian play house designed for their kitty. A battery-operated ball is guaranteed to keep kitties occupied for hours. So, drop in and see for yourself, you will be amazed at the variety and quality of the gift items and you are sure to find something that will please the pet owner in your life (or something that you really want for yourself). They are at 5617 H St., 455-5619.

Dog and cat lovers might also enjoy getting a subscription to *Dog or Cat Fancy*; and for the horse or bird lover there is also *Horse Illustrated* and *Bird Talk*. Each are monthly magazines designed for the pet lover and all are filled with information on a wide variety of subjects of help to the pet owner. Subs: *Dog Fancy*, Box 53264; *Cat Fancy*, Box 52864; *Horse Illustrated*, Box 57549; *Bird Talk*, Box 57347, all are Boulder, Colorado 80323.

Someone on your list have a busy schedule and not enough time to clean up after the pup? Call **Waggin Tails**. "We Do DooDoo" is their motto and they'll "scoop your pooch's poop for as little as \$6/week." Call them at 987-8587. A gift certificate may solve a big gift giving problem.

And on the subject of gift certificates, why not present one for training classes to someone with a new or old dog that needs training. We offer them at **Common Sense Dog Training** and I am sure that other trainers do so as well.

Cat lovers will want to visit **Cat Nips** in Historic Folsom at 912 Sutter St. #19. This is the place for cat lovers with jewelry, gifts and more.

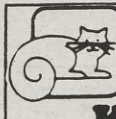
## Holiday hazards for pets

Of course, on the subject of holidays, I want to begin issuing my usual warnings about holiday hazards. Forget about sharing holiday meal fare with Fido. It is a no-no and will lead to gastrointestinal upsets, anything from

mild diarrhea to something as severe as a case of pancreatitis and possibly death. Particularly be cautious about leaving chocolate around on tables low enough for your pet to reach. Even foil wrapped candies may attract your pet and result in severe upset stomachs or death. Keep plenty of doggie and kitty treats around for your well-meaning friends who can't resist treating the pets.

When putting up decorations, watch the electrical cords; chewing them can be fatal to your pup or house bunny. When the tree goes up pets are going to be fascinated by the colorful balls, bulbs and tinsel. All can lead to problems from vomiting to death. Make sure that your tree is kept out of the reach of pets, high on a table or ringed by a pen or keep the pets out of the room where the tree is located. Many people also tend to allow their pets to drink from the tree stand...don't...there may be chemicals in the water form the tree.

Remember too that plants such as poinsettias and mistletoe are toxic to pets. So, safeguard your four-legged friends, it is up to you to keep them safe.▼



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## HIV NEWSLINE

# AIDS: 'Early intervention' recommended

From pg. 7

needs rather than upon the number of T-cells they possess. NIAID's guidance also expands the concept of "early intervention" to include not only administering medications for treatment and prevention, but also giving more attention to overall health status and psychological support as soon as a positive HIV status is discovered.

Some researchers suggest that HIV accumulates in the lymph system throughout the entire asymptomatic period and, although no studies have yet been conducted to support this theory, suggest that people may find it beneficial to begin treatment as soon as possible after learning of infection and may reasonably decide to begin combination treatment (AZT plus either DDI or DDC) in order to suppress HIV replication before widespread damage to the immune system occurs, even at T-cell counts above 500 and whether or not symptoms are present.

Specific recommendations from NIAID regarding treatment with anti-HIV drugs include the following:

**People with HIV who have never used AZT, DDI, or DDC**

- For people with no symptoms of disease and who have more than 500 T-helper cells: no drug treatment; clinical observation and T-cell measurement every 6 months.

- For people with no symptoms who have 200-500 T-cells, consider two equally valid options: (a) start with AZT alone or in combination with DDI or DDC; (b) no drug treatment; continue observation and T-cell measurement; begin AZT if laboratory or physical evidence of disease appears.

- For people with symptoms, regardless of T-cell count: start treatment with AZT alone or in combination with either DDI or DDC. (Other studies have suggested it may be beneficial to take AZT alone for 4-8 months prior to switching to combination therapy.)

**People who can tolerate AZT**

- For people with more than 300 T-cells who can tolerate AZT: continue treatment.

- For people with fewer than 300 T-cells taking AZT, consider two options: (a) continue AZT; (b) switch to DDI (DDI appears to be especially beneficial to individuals who have previously taken AZT for 4 months or longer).

- For people on AZT with 0-500 T-cells who experience

disease progression: switch to DDI or DDC, or start combination treatment with AZT plus either DDI or DDC.

**People who cannot tolerate AZT**

- For people who cannot tolerate AZT: (a) if you have more than 500 T-cells, discontinue treatment, (b) if you have 50-500 T-cells, switch to DDI; (c) if you have fewer than 50 T-cells, switch to DDI or DDC, or discontinue anti-HIV drug treatment altogether.

Recommended Dosages

AZT: 200 mg every 8 hours (600 mg per day), alone or in combination

DDI: 200 mg every 12 hours (400 mg per day), alone or in combination

DDC: 0.75 mg every 8 hours (2.25 mg per day), alone or in combination

(Part 2 of this annual review will appear in the December 15 issue of MGW).▼

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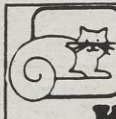
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## Loneliness and the holidays

# Alone, but not lonely

By Sandra Warne, M.A., MFCC  
MGW/Staff

**L**oneliness may be hazardous to your health in a very concrete way. No time of year can impact one's sense of loneliness or togetherness like the holiday season. It's not the holidays that causes loneliness, but the social expectations placed upon all of us that represent the greatest challenges to our sense of self and our sense of belonging.

Abuse of alcohol, drugs and suicides all peak from November through January. The weather is not only cold and bleak but we are bombarded with media's family message: that of harmony, intimacy, love and prosperity. With escalating numbers, many of us have no identification what-so-ever with this tidy nuclear family portrait.

All too common are the memories of family gatherings

past that represented the true horror of family dysfunction. Dad got drunk, mom locked herself in the bathroom, grandmother broke her hip after falling from her wheelchair drag racing with brother Bill, and you were told you had homosexuals for friends and that your companion had to stay in a hotel. Dinner was served late, cold and burned, and at least one third of the family was in tears at the end

of the festivities.

And yet, each year we are greeted with the same pressure to be part of a fictitious family portrait or suffer the consequences of the stigma of a decision to preserve our dignity and make other arrangements for the holidays. We are taught that only the truly down-trodden don't have family gatherings and joyous reunions.

This brings me to the subject of this article, "Loneliness and the Holidays." How do you handle doing something different and not feel lonely?

It has been proven that loneliness may be hazardous to your health in a very concrete way. Blood samples collected from a group of medical students at the Ohio State University College of Medicine revealed important differences between those who scored high on a loneliness assessment test and those who did not. Lonely students

were more likely to have reduced levels of a natural killer (NK) cell activity, an indicator of immune response. These cells have been shown to be of vital importance in preventing the development and spread of tumors.

So, this year, instead of doing your normal routine of exasperated, unrealistic expectations for cozy family reunions, why not protect

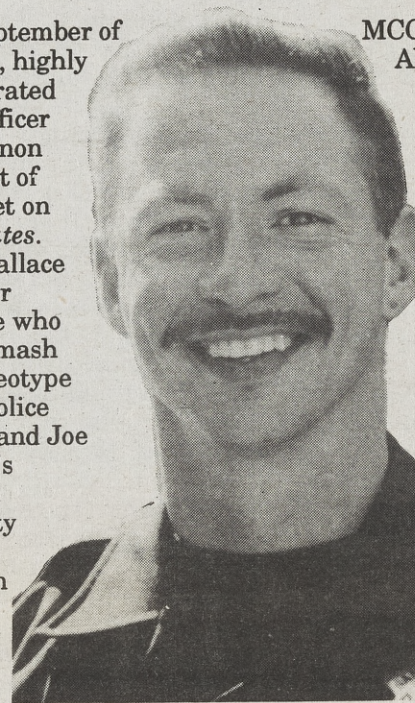
your self against despair by teaming up with others to give to those truly less fortunate and experience the meaning of the holidays, and feel the "gratefulness" you deserve.

Sandra Warne is a licensed Marriage, Family and Child Counselor in private practice in Sacramento. She does 12-step work, individual, couple and group therapy. She also provides low cost counseling for individuals suffering from HIV infection, their families, friends and significant others. She can be reached at 333-0888. V

## LOCAL NEWS

## Bannon, Amerine to speak at MCC

**I**n September of 1992, highly decorated police officer Joe Bannon came out of the closet on 60 Minutes. Mike Wallace asked for someone who would smash the stereotype of gay police officers and Joe Bannon's story is the gritty tale of a gay man who struggled to find his



identity in the dangerously homophobic ranks of law enforcement.

Bannon will bring his personal story to River City MCC on December 4 during

MCC's AIDS Vigil. Also at the AIDS Vigil will be the Rev. Austin Amerine, founding Pastor of Overlake MCC, Bellevue Washington. Amerine will be celebrating his 25th anniversary

with the UFMCC. He has been the founding pastor for 3 MCC churches,

Assistant Pastor to Rev. Jim Sandmire in San Francisco and has served as District Coordinator to the Northwest District of MCCS from November 1978 thru Jan 1983. V



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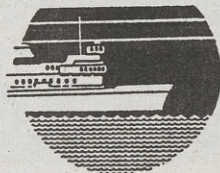
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874 57th St.  
**455-9744**

Individual Incest Co-Dependency Transitions  
Couples Addiction Crisis Management

### Jill Kelly M.S.S.W.

Licensed Clinical  
Social Worker  
Lic. No. LCS11340  
Psychotherapy for  
Individuals and  
Couples

**916-456-2371**  
3009 O Street  
Sacramento, CA  
95816

### Kristi Ellis, MSW

Licensed Clinical  
Social Worker  
Lic. #LCS 9733

Psychotherapy

Consultation  
**(916) 488-9939**

Specializing in  
HIV/Grief Issues  
Individuals  
Couples  
Groups

2200 L Street  
Sacramento, California 95816  
**916/421-2338**

**Joni M. Hyman**  
R.N., M.A.  
MFCC, Intern, #IMF 20530

Supervisor: Richard Morrison,  
Psychologist #PSY5313

### Eric Buck M.A. MFCC

Marriage, Family & Child Therapist  
Lic #MFC20924

Healing Troubled  
Relationship Patterns

Individuals, Couples, Groups  
Recovery - Psychotherapy

555 University, Suite 110  
Sacramento, CA 95825  
**929-1180**

### Bruce Gunn

Stress Recovery Anxiety  
Coming Out HIV  
Depression Relationships  
Grief  
Individuals  
Couples

M.F.C.C.  
#MM19480

Couples,  
Families,  
Individuals

### Ellie Zacks, Ph.D.

Clinical  
Psychologist  
PSY10426  
**(916) 334-0667**  
By Appointment

4811 Chippendale Dr.  
Suite 901  
Sacramento, 95841

### Bob Hall

MFCC Lic. # MU19878

Specializing in the Treatment of Sexual  
Dependency & Sexual Addiction Issues

**481-9141**  
2740 Fulton Ave. #100D

### Gaye S. Marchini, M.A., M.S.W. Licensed Clinical Social Worker

- Grief & Loss
- Chronic Pain
- HIV, ARC, AIDS
- Individuals, Couples
- Alternative Families
- Children & Adolescents

**Butterfield Executive Suites**  
9521 Folsom Blvd., Suite R

Visa/MC Sliding Scale Insurance

**361-3118**

**LCS #15812**



## BUSINESS DIRECTORY

### AIDS Services

SACRAMENTO AIDS FOUNDATION, 920 20th St., 2nd Fl., 448-2437.

C.A.R.E.S. 2710 Capitol Ave. 443-3299.

LAMBDA COMMUNITY CENTER, 1901 L St., 442-0185.

### Alarms

SAC. ALARM CO., 1601 Fulton Ave. 972-7272.

### Antiques

ANTIQUES UNLIMITED, 6328 Fair Oaks Bl., Carmichael, 482-6533.

ANTIQUE PLAZA, 11395 Folsom Blvd. Rancho Cordova, 852-8517.

### Attorneys

ROSEMARY METRAILER, CAROLYN LANGEN-KAMP, MARGARET GEDDES, EILEEN GILLIS, 1329 H St., 447-7255.

NANCY MYERS, Counselor at Law, 485-4449.

M. JANE PEARCE, 1409 28th St., #200, 452-3883.

PATRICIA G. TILLEY, 918 J St., #2000 444-0955.

### Automotive

K ST. AUTOMOTIVE, 1621 K St., 444-6031.

RAY'S AUTO STEREO & ALARMS, 1925 F St., 447-9753.

HUB CAP CENTER, 3358 Fulton Ave., 448-1590.

### Bars

BUFFALO CLUB, 19th and S, 442-1087

FACES, 2000 K St., 448-7798

MERCANTILE, 20th and L, 447-0792

THE MIRAGE, 601 15th & F, 444-3238

TOWNHOUSE, 1517 21 St., 441-5122

WESTERN, 2001 K St., 443-9831

WRECK ROOM, 2531 Broadway, 456-1181

### Bicycles

CITY BICYCLE WORKS, 2419 K St., 447-2453.

### Body Piercing

THE EXOTIC BODY, Mike Hare, 1306 1/2 19th St. 447-0048.

### Books

LIONESS BOOKS, 2224 J St., 442-4657.

HER PLACE, 6635 Madison Ave., Carmichael, 961-1058.

### Cabinetry

J.R. TOPPER'S CUSTOM CABINETS & LAMINATES, 452-9311.

### Carpenting

ROBERT'S RUGS, 2340 Auburn Blvd., Sacramento, 95821. 483-4685.

### Cellular Telephones

RAY'S AUTO STEREO & ALARMS, 1925 F St., 447-9753

### Chiropractors

DR. GRADY H. BRASHER, 7529 Sunset, # K, Fair Oaks, 961-6100.

CHANEY CHIROPRACTIC CARE, Dr. Karen L. Chaney, 2916 'D' Northgate Blvd., 641-5400.

LYNN McNEAL, 4611 H St., 452-9461.

ALEXANDRA WATKINS, D.C., 1972 Stockton Blvd., 756-7465. X11/15

### Clothing

GENESIS MALE, 2220 J St., Suite 5, 444-6778.

ROMERO'S FOR MEN, 554 Pavilions Lane, 929-2209.

### Coffee & Tea

JAVA CITY, 1800 Capitol Ave., 2901 K St., 2573 Fair Oaks Blvd., 1735 Arden Way, 717 W. Del Paso Rd.

WEATHERSTONE, 812 21st Street.

### Dentists

GARRETT MADDERRA, D.D.S., 2020 Hurley, Suite 290, 929-0969.

### Disc Jockey

DJ MUSIC SERVICES, Melonnee Desiree Pagano, 456-8134.

### Dry Cleaners

FREEMONT CLEANERS, 2001 4th Ave., 442-5249

### Electrical

TOM SEARES, #51779, 723-5848.

### Errands

YOUR GIRL FRIDAY, 455-1752

### Financial/ Tax Prep.

DEAN WITTER REYNOLDS, Susan Stigen, 1517 Lincoln Way, Auburn, (800) 776-1987.

WHISLER FINANCIAL GROUP, CFP, 446-6666.

WHITNEY & KILLICK FINANCIAL SERVICES, 2321 Lloyd Ln., 486-8985.

### Florists

CELESTE & COMPANY, 2310 Fair Oaks Blvd, 649-1110.

MICHAEL'S FLOWERS & FANTASIES, 4751 J St., 454-0717.

THE GAY ROSE, Box 12, Palisade Park, NJ, 07650, 1-800-843-4297.

### Funeral Services

NAUTILUS SOCIETY, 5500 Lemon Hill, 392-1234.

### Furniture Refinishing

PATRICK'S FURNITURE REFINISHING, 217 Kenroy Lane, Ste. 8, Roseville, 786-6615.

### Futons

FUTONS UNLIMITED 648-8018.

### Gardening

ENGLISH GARDEN CARE, 489-8903.

EMBREY'S LANDSCAPE MAINTENANCE, 395-0207.

### Graphic Designers

MGW GRAPHICS & TYPESETTING, 1725 L St., 441-6397.

### Groceries

TAYLOR'S MARKET, 2900 Freeport Blvd., 443-6881.

### Hair

THE ASSOCIATES HAIR DESIGN, 3714 J St., 455-0667.

CRAZY RAZOR, 1221 21st St., 446-3790.

LONDON CUTS, 2440 Fulton Ave., Suite 4, 973-1234.

SUZAN POPEVICTORIA'S HAIR, 1201 24th St., 443-5456.

### Hair Removal

PAUL JONES, Certified Pilethologist, 920-4381.

### Health Club

VALENTIS, 921 11th St., 442-2874.

### Hotels/Inns/Resorts

FIFES, 16467 River Rd., Guerneville, CA, 800-7-FIFES-1.

SIERRA WOOD, Box 11194, Tahoe Paradise. 577-6073.

### Housekeeping/Janitorial

ALLAWAY'S CLEANING SERVICE, 442-8532.

OLGA'S HOUSEHOLD SERVICES AGENCY, 453-0762.

QUALITY CLEANING SERVICE, Joey, 399-9874.

### Insurance

DAN HUFFMAN, ALLSTATE INSURANCE, 721-9339.

SUE WOLF, FARMERS INSURANCE, 5659 Freeport Blvd, 421-0390.

### Jewelry

ARARIETY FINE JEWELRY, 1021 R St., 446-1535.

JEWELERS COLLECTION, 1903 Capitol Ave, 443-3225.

JAK METZEN, 545 Downtown Plaza, Ste. 1023, 446-7711.

### Landscaping

BIG CITY LANDSCAPING, Charles Wallace, 448-7406.

SMOOTH LANDSCAPING, Scott Smoot, 454-1300.

### Living Trusts

JEAN C. GIFFORD, 759-9659.

### Loans

ALL CAL. LOANS, Michelle Kesner, 974-2744 W, 451-3922 H.

BLAZER REAL ESTATE, Zana Blazer, 800-962-7430.

### Long Distance

COMMUNITY SPIRIT Long Distance Carrier. 1-800-546-0689

### Mannequins

WORKSHOP WEST STUDIO, 8547 Unsworth Ave, 383-1225.

### Massage

CINDY AJAY, C.M.T., 441-6241.

### Optometrist

DR. CAMERON YEE, 6407 Riverside Blvd. 395-0673.

### Organizations

LAMBDA COMMUNITY CENTER, 1901 L St., 442-0185.

SACWN, 1616 29th St., #310, 451-8034.

### Painting

HARRIET ANDERSON Lic.# 674282. 372-9127.

PATRICK WILLIAMS STRUCTURAL PAINTING Lic. # 609419, 916-863-3712.

### Pets

ANIMAL HOUSECALL SERVICE, Dr. Nancy Weagly, 457-0967.

BEST PETS 3633 Bradshaw Rd. # D, 361-1957.

CAPITOL AQUARIUM, 29th & T St., 452-5556.

COMMON SENSE DOG TRAINING, 485-2201.

HOME & CRITTER SITTERS, 447-0735.

KENNEL ROOM, 2160 Marconi & Howe, Grooming Dogs & Cats, 925-4149.

LAND PARK PET CENTER, 5958 S. Land Park Dr., 421-2969.

POCKET SOUTH PET HOSPITAL, 7456 Rush River Dr., #160, 395-PETS.

SOUTHSIDE VETERINARY CLINIC, 7298 Franklin Blvd., 395-9321.

WAGGIN' TAILS - K9 WASTE REMOVAL, 987-8587.

### Photographers

PAMELA COFFEY BLACK & WHITE PHOTOGRAPHY, 448-0856

### Photo Processing

ANTELOPE PHOTO 6456 Tupelo Dr. #A7, 725-8990, 6393 Riverside Blvd. 424-3686.

B + W LAB, COLOR, TOO. 3271 Folsom Blvd. 455-5203.

### Piano Tuning

THE 89th KEY, Launa Shipp, 923-5506.

### Pride Products

BEPROUDI, 221 G St., Suite 202, Davis, 95616, 800-755-9976

### Printing

SACRAMENTO QUICK PRINT, 2612 J St., 442-5615.

### Psychic Services

TAMMY'S PSYCHIC ADVISOR, 455-7108.

### Psychologists

JOANNE MARROW, Ph.D. Lic. #PA8571, 3000 T St., 446-9234.

ELLIE ZACKS, Ph.D., PSY10426, 4811 Chipendale Dr., #901, 334-0667.

### Real Estate

BLAZER REAL ESTATE, Zana Blazer, 800-962-7430.

REMY CECI, Coldwell Banker, 440 Drake Cir., 972-0212 O, 455-8054 H

TIM DIALS, Coldwell Banker Fikes & Assoc., Box 296, Valley Springs, (209)754-1179.

KELLEY REALTOR, 6371 Riverside Blvd., 393-1111.

THE PRUDENTIAL CALIFORNIA REALTY, Bill Spencer, 3001 P St., 453-1500 X251, 399-9733.

WHISLER LAND COMPANY, 446-6666.

### Remodeling

RENAISSANCE CONSTRUCTION, Lic. #384772, Steve Neville, 442-6565.

FEATHER YOUR NESTHOME REPAIR, Gayle Rendleman, Lic.# 607765, 652-4204.

### Repairs/Service

MIKE'S REFRIGERATION, FREEZER, HEATERS & AIR, 455-6540.

### Restaurants

BLUE MANGO, 330 6th St., Davis. 756-2616.

SCOTT'S SEAFOOD GRILL & BAR, 545 Monroe St. at Fair Oaks Blvd. 489-1822.

### Storage

EL CAMINO SELF STORAGE, 922-2224.

### Telephones

PSE BUSINESS COMMUNICATIONS, 852-7390.

### Theatres

COLONIAL THEATRE, 3522 Stockton Blvd. 737-SHOW.

CREST THEATRE, 1013 K St., 442-5189.

SACRAMENTO CITY ACTOR'S THEATRE (SCAT), 3835 Freeport Blvd. 558-2228.

TOWER THEATRE, 2508 Land Park Dr., 443-6551.

UCD PRESENTS, UC Davis. 757-3199.

### Therapist/Counselor

Minimal standard as a therapist, counselor, psychologist include: Name, Phone number, Highest relevant degree (M.D., M.S.W., Ph.D and in what field), and California State license number. Unlicensed counselors or therapists should include a statement indicating that they are not "Licensed Therapists."

JOYCE BRIGHT, M.F.C.C., 874 57th St. 455-9744

ERIC BUCK, M.A., M.F.C.C., 929-1180.

SANDRA FIELDS, Ph.D., L.C.S.W., Lic. #3725, 2740 Fulton Ave., #120, 484-6376.

BRUCE GUNN, M.F.C.C., Lic. #19480, 418 Alhambra Blvd., 443-7171.

BOB HALL, M.F.C.C., Lic. #MU19878, 2740 Fulton Ave., #100D, 481-9141.

JILL KELLY, M.S.S.W., Lic. #LCS11340, 3009 O St. 456-2371.

GAYE S. MARCHINI, L.C.S.W., 9521 Folsom Blvd., Suite R, 95827, 361-3118

MEREDITH RICHARDS, M.A., M.F.C.C. Intern, #IMF21497, 5619 Marconi, Ave., #1, 973-1060.

SANDRA WARNE, MA., M.F.C.C., 650 Howe Ave, Bidg #700, Suite 730, 95825, 333-0888.

### Travel

ALADDIN TRAVEL, Rob Thorbin, 446-0633.

GOLD RIVER TRAVEL & TOURS, 1949 Zinfandel Dr. 638-8800.

RED SHOES TRAVEL, 3241 Folsom Blvd., 454-4201.

SPORTS LEISURE TRAVEL, 9527 A Folsom Blvd., 95827, 361-2051.

### Typesetting

MGW TYPESETTING & GRAPHICS, 1725 L St., 441-6397.

### Vacation Rental Resorts

MENDOCINO/ FORT BRAGG Weather. 1-800-39COAST.

### VCR Repair

RAY'S AUTO STEREO & ALARMS, 1925 F St., 447-9753.

### Vegetarian Food & Drink

BEATNIKS, 1216 20th St.

### Veterinarian

ANIMAL HOUSECALL SERVICE, Dr. Nancy Weagly, 456-0967.

POCKET SOUTH PET HOSPITAL, 7465 Rush River Dr., #160, 395-PETS.

SOUTHSIDE VETERINARY CLINIC, 7298 Franklin Blvd., 395-9321.

### Vitaiical Settlement

THE ACCESS PROGRAM, 10100 Santa Monica Blvd, Ste. 420, Los Angeles, 90067, 800-235-6411.

### Vocational Rehabilitation

PACKARD REHABILITATION, 9700 Business Park Dr. #207, 364-1414.

### 900/976 Services

THE GAY CONNECTION, 900-505-MEET  
MEET YOUR MAN, 900-844-2555, 916-976-9999.

*Michael's*  
*Flowers and fantasies*

454-0717

4751 J Street

SERVING THE SACRAMENTO AREA

**SMOOTH**  
LANDSCAPING

CUSTOM LANDSCAPES & MAINTENANCE

916 • 454 1300







# CALENDAR

Calendar lists are FREE to non-profit organizations. Listings must be made in writing (Day, Date, What, Who, Where, Time, Phone) by the 5th or 20 of each month. Listings are not taken over the phone.

# DECEMBER

## 1 - Wednesday

**WORLD AIDS DAY AIDS Vigil**, 5:30, State Capitol.  
**SIERRA FOOTHILLS AIDS** Foundation open house, 1-5pm, Auburn, 889-2437, Grass valley, 477-5551.  
**A NIGHT OF GOSPEL TO FIGHT AIDS** 7:30pm, Bill Graham Civic Auditorium, 415-541-0800.  
**OUTDOOR ADVENTURES** potluck meeting, 7pm, 421-6209.  
**COMMON SENSE DOG TRAINING** Puppy Kindergarten, 6:30; Beginning Obedience, 6:30; El Camino Vet Clinic, 4000 El Camino Ave., 485-2201.  
**CARES HIV+ SUPPORT GROUP** at Buhler Bldg. 7:30pm, John, 446-3734.  
**SACRAMENTO FRONT RUNNERS** A lesbian and gay running club. Evening run. All levels welcome. Jim 387-8275.

## 2 - Thursday

**COMMON SENSE DOG TRAINING** Puppy Kindergarten, 6:30; Beginning Obedience, 6:30; 7465 Rush River Dr., 485-2201.  
**BEING GAY TODAY** 11pm, Cable Chan. 18.  
**GAY/LESBIAN ALLIANCE AT CSUS** Alternating between general meetings and social outings. 7:30, Sacramento Room, University Union, CSUS, 6000 J St. 486-4633.

## 3 - Friday

**LAMBDA PLAYERS** "Broadway Our Way," A fullscale Broadway Revue. \$10. 8pm, YWCA Theater, 1122 17th St., 442-7752.  
**"OUT THERE"** All gay and lesbian comedy special, Comedy Central, Cable TV.  
**LEZZIE HOLIDAY SHOW** Family funand lesbian family holidays. Tribad Productions, Guerneville. 707-545-9806.  
**LES/BIGAY YOUTH GROUP** Support group for 23 years and under to discuss the challenges of growing up gay. Lambda Center, 1931 L St. 442-0185.  
**CAFE LAMBDA** Good Friends, Good Coffee & Desserts, and sometimes entertainment. 8pm, Lambda Center, 1931 L St. 442-0185.

## 4 - Saturday

**LAMBDA PLAYERS** "Broadway Our Way," A fullscale Broadway Revue. \$10. 8pm, YWCA Theater, 1122 17th St., 442-7752.  
**MIMI FOX & ALICE DI MICELE** Jazz and folk music. IMA Cultural Center, Bodega, 707-876-3004.  
**LEZZIE HOLIDAY SHOW** Family funand lesbian family holidays. Tribad Productions, Guerneville. 707-545-9806.  
**BAROQUE BALL** "The Nutcracker Suite" with the Crocker Art Museum. 6pm, 264-5423.  
**CAMPING WOMEN** Christmas in Old Sacramento, 361-8668.  
**SQUAREDANCING** Reindeer Round-Up with the Diablo Dancers, 7:30-10:30pm, First Christian Church, 3039 Willow Pass Rd. Concord. 510-724-7365.  
**POKER CLUB** For lesbian couples over 35. K or J, 649-1182.  
**SACRAMENTO FRONT RUNNERS** A lesbian and gay running club. Morning run. All levels welcome. Jim 387-8275.  
**YOUTH SOCIAL** 8pm to midnight. Lambda Center, 1931 L St. 442-0185.  
**HIV+ SUPPORT GROUP** with Marjorie Thirkettle, 4:30-6pm, RCMCC, 36th & Broadway 737-3416.  
**AFRICAN AMERICAN VENDORS BAZAAR** artwork, crafts, decadent desserts, and beverages. \$1, 10am-4pm, Women's Civic Improvement Club, 3555 3rd Ave. 484-4202.  
**SF OPERA PIANO SALE** 11am-5pm, 800-93-OP-ERA.

## 5 - Sunday

**LAMBDA CHRISTMAS TREE LIGHTING**. 6pm. Tree lot 4-10pm, 1931 L St. 442-0185.  
**G.L.A.D. TOASTMASTERS** Club, MC C, 34th & Broadway, North Hall, 12:30am, 362-9013.  
**WOMEN OF COLOR SUPPORT GROUP** 7:15 pm Lambda Center, 1931 L St. 442-0185.  
**MIRACLES HAPPEN FUND** \$50. 1 Capitol Mall. Sacramento AIDS Foundation, 448-2437.  
**SPIRITUALLY MINDED WOMEN** Women interested in forming a supportive, growthful community are invited to a potluck brunch. 11am, Diana 487-3124, Kate 447-0350.  
**CALIF. INTERNATIONAL MARATHON** 983-4622.  
**RODC'S NEW MEMBERS BRUNCH**  
**NOT ASIN...** Not a Sickness - Homosexuality and the Bible. Five part sermon with Rev Freda Smith. 9 & 11am, RCMCC, 3418 Broadway. 737-3411.  
**ART AUCTION** Sponsored by Black Fire Auction Co. as a benefit for the Heatwaves Swim Team (SAGA Swimming). Previewing 2:30, auction 3-5pm. The Townhouse, 1517 21st St. Andy, 456-8730, Harry 455-7628.  
**MCC CHRISTMAS CRAFT FAIRE** Bead work, wreaths, etc. 10am-2pm, The Grand ballroom, 2741 34th St.  
**MIMI FOX** Jazz guided jam session. IMA Cultural Center, Bodega, 707-876-3004.  
**DYKES OUT TOGETHER** Spirituality group discussion potluck. 11am, Dianna, 487-3124.

## 6 - Monday

**WORRIED WELL** Support group for seronegative persons. 6:30-7:30 SAF, 2nd floor, 920 20th St. 448-2437.  
**UMOJA** Support collective for Lesbians of African Descent. 7pm. Women's Civic Improvement Club, 3555 3rd Ave. 452-1102.  
**A CHRISTMAS MEMORY** Robert Coffman Reads Truman Capote. 8pm, Theatre Rhinoceros, 2926 16th St. 415-861-5079.  
**MEN'S COMING OUT GROUP** Rap group concerning coming out and alternative life styles. 5:30pm. Lambda Center, 1931 L St. 442-0185.  
**LAMBDA CHRISTMAS TREE LOT** 4-10pm, 1931 L St. 442-0185.  
**WOMEN'S SOCIAL** Discussing life's challenges for lesbian and bisexual women. 7:15pm. Lambda Center, 1931 L St. 442-0185.  
**SACRAMENTO FRONT RUNNERS** A lesbian and gay running club. Evening run. All levels welcome. Jim 387-8275.

## 7 - Tuesday

**SAC LEATHER ASSOC.** 7pm, meet and greet, 7:30pm, meeting. The Wreck Room, 2513 Broadway, 863-3398.  
**BEING GAY TODAY** 10pm, Cable Chan. 18.  
**HEART TO HEART HIV+** support group for gay and bi males. 6:30 to 8 pm. SAF, 2nd Floor, 920 20th St. 448-2437.

**LAMBDA CHRISTMAS TREE LOT** 4-10pm, 1931 L St. 442-0185.

## 8 - Wednesday

**MAD DOG RADIO** 6-8pm. 456-5199 for requests. To order cable radio call Shane Carpenter, 456-8600.  
**LAMBDA CHRISTMAS TREE LOT** 4-10pm, 1931 L St. 442-0185.  
**"LIGHT IN THE DARKNESS."** Sacramento Women's Chorus Winter Concert. 8pm, St. Francis Church, 26 & K. 424-4411.  
**TEDDY BEAR OPEN HOUSE** at Bear Castle. 6-9pm, 431 Broad, Nevada City, 265-5804.  
**SACRAMENTO FRONT RUNNERS** A lesbian and gay running club. Evening run. All levels welcome. Jim 387-8275.  
**LAVENDER ANGELS** Benefit Dinner at the Lambda Center. 3 course meal, refreshments, entertainment and raffle. 6-9pm. \$8. Shawn, 448-0702. Tickets at Lambda Center, 442-0185.

## 9 - Thursday

**HAPPY HANUKAH!**  
**BEING GAY TODAY** 11pm, Cable Chan. 18.  
**GAY/LESBIAN ALLIANCE AT CSUS** Alternating between general meetings and social outings. 7:30, Sacramento Room, University Union, CSUS, 6000 J St. 486-4633.  
**LAMBDA CHRISTMAS TREE LOT** 4-10pm, 1931 L St. 442-0185.

## 10 - Friday

**LAMBDA PLAYERS** "Broadway Our Way," A fullscale Broadway Revue. \$10. 8pm, YWCA Theater, 1122 17th St., 442-7752.  
**RSVP IMPROVISATIONAL COMEDY** 9pm, Mirage Cafe, 21st & P sts. 442-RSVP.  
**LAMBDA CHRISTMAS TREE LOT** Noon-Midnite, 1931 L St. 442-0185.  
**LIGHT IN THE DARKNESS** Sacramento Women's Chorus Winter Concert. 8pm, St. Francis Church, 1112 26th St. 424-4411.  
**LEZZIE HOLIDAY SHOW** Family funand lesbian family holidays. Tribad Productions, Guerneville. 707-545-9806.

## 11 - Saturday

**LAMBDA PLAYERS** "Broadway Our Way," A fullscale Broadway Revue. \$10. 8pm, YWCA Theater, 1122 17th St., 442-7752.  
**ARTISTS RECEPTION** At farrow Drawings. 7-9pm. Archival Framing Gallery, 1729 L St., 444-9624.  
**LEZZIE HOLIDAY SHOW** Family funand lesbian family holidays. Tribad Productions, Guerneville. 707-545-9806.  
**LAMBDA CHRISTMAS TREE LOT** Noon-Midnite, 1931 L St. 442-0185.  
**CRIS WILLIAMSON & TRET FURE** celebrate their new album. with Suzanne Westenhofer. Zellerbach Hall, Berkeley, 510-655-0364.  
**"LIGHT IN THE DARKNESS."** Sacramento Women's Chorus Winter Concert. 8pm, St. Paul's Methodist Church, Vacaville. 424-4411.  
**SACRAMENTO FRONT RUNNERS** A lesbian and gay running club. Morning run. All levels welcome. Jim 387-8275.  
**YOUTH SOCIAL** 8pm to midnight. Lambda Center, 1931 L St. 442-0185.  
**HIV+ SUPPORT GROUP** with Marjorie Thirkettle, 4:30-6pm, RCMCC, 36th & Broadway 737-3416.  
**DYKES OUT TOGETHER** Holiday potluck party, bring a dish and white elephant gift. 7pm, Mercedes's, 446-7562.

## 12 - Sunday

**G.L.A.D. TOASTMASTERS** Club, MC C, 34th & Broadway, North Hall, 12:30am, 362-9013.  
**LEZZIE HOLIDAY SHOW** Family funand lesbian family holidays. 2pm. Tribad Productions, Guerneville. 707-545-9806.  
**WOMEN OF COLOR SUPPORT GROUP** 7:15 pm Lambda Center, 1931 L St. 442-0185.  
**LAMBDA CHRISTMAS TREE LOT** 4-10pm, 1931 L St. 442-0185.  
**INTERACTIVE WORKSHOP** "Meeting the Challenge of the World" 6pm, Knights of Columbus, 5961 Newman Court. 454-4728.  
**GAY FATHERS** Fellowship and support group. Call 924-DADS.  
**NOT ASIN...** Not a Sickness - Homosexuality and the Bible. Five part sermon with Rev Freda Smith. 9 & 11am, RCMCC, 3418 Broadway. 737-3411.  
**GYPSY W/BETTE MIDLER** 8pm, Channel 10.

## 13 - Monday

**UMOJA** Support collective for Lesbians of African Descent. 7pm. Women's Civic Improvement Club, 3555 3rd Ave. 452-1102.  
**MEN'S COMING OUT GROUP** Rap group concerning coming out and alternative life styles. 5:30pm. Lambda Center, 1931 L St. 442-0185.  
**WOMEN'S SOCIAL** Discussing life's challenges for lesbian and bisexual women. 7:15pm. Lambda Center, 1931 L St. 442-0185.  
**LAMBDA CHRISTMAS TREE LOT** 4-10pm, 1931 L St. 442-0185.  
**SACRAMENTO FRONT RUNNERS** A lesbian and gay running club. Evening run. All levels welcome. Jim 387-8275.  
**Town Council Meeting** Election of officers. 6:30pm, YWCA, 17th & L sts.

## 14 - Tuesday

**BEING GAY TODAY** 10pm, Cable Chan. 18.  
**LAMBDA CHRISTMAS TREE LOT** 4-10pm, 1931 L St. 442-0185.  
**HEART TO HEART HIV+** support group for gay and bi males. 6:30 to 8 pm. SAF, 2nd Floor, 920 20th St. 448-2437.  
**LGBA CHRISTMAS PARTY.** 7pm, Cheyenne's, 28th & Broadway, Paul, Mike 641-8775

## 15 - Wednesday

**LAMBDA COMMUNITY FUND** Board of Directors meeting, 6:30 pm Lambda Center, 20th & L sts. 442-0185.  
**RECEPTION & GALLERY TALK.** Norm Rosenberger "Lines and Colors in S.F." 5-7pm. CSUS, University Union, 6000 J St. 278-7250.  
**TEDDY BEAR OPEN HOUSE** at Bear Castle. 6-9pm, 431 Broad, Nevada City, 265-5804.  
**CARES HIV+ SUPPORT GROUP** at Buhler Bldg. 7:30pm, John, 446-3734.  
**LAMBDA CHRISTMAS TREE LOT** 4-10pm, 1931 L St. 442-0185.  
**SACRAMENTO FRONT RUNNERS** A lesbian and gay running club. Evening run. All levels welcome. Jim 387-8275.

## 16 - Thursday

**SAGA IV SKATING PARTY** \$5. 8:30 - 10:30 pm. Foothill Skate Inn, 4700 Auburn Blvd. Tom, 635-1555.  
**LEZZIE HOLIDAY SHOW** Family funand lesbian family holidays. 2pm. Tribad Productions, Guerneville. 707-545-9806.  
**BEING GAY TODAY** 11pm, Cable Chan. 18.  
**LAMBDA CHRISTMAS TREE LOT** 4-10pm, 1931 L St. 442-0185.  
**GAY/LESBIAN ALLIANCE AT CSUS** Alternating between general meetings and social outings. 7:30, Sacramento Room, University Union, CSUS, 6000 J St. 486-4633.  
**DYKES OUT TOGETHER** "Immaculate Conception Celebration" hike along the American River, 7pm, Diana, 487-3124.

## 17 - Friday

**LAMBDA CHRISTMAS TREE LOT** Noon-Midnite, 1931 L St. 442-0185.  
**SACRAMENTO PERFORMANCES**. Circus Flora. 7:30pm, \$10-\$25, Cal Expo, 264-5181 or 923-BASS.  
**THE RED NOSE BALL** A semi-formal holiday dance to benefit Gay Games 94-New York. \$30, Tuesday Club, 27th & L St.  
**LEZZIE HOLIDAY SHOW** Family funand lesbian family holidays. Tribad Productions, Guerneville. 707-545-9806.  
**A CHANTICLEER CHRISTMAS** 8pm, Cathedral of the Blessed Sacrament.  
**GAY/LESBIAN NIGHT AT DISNEYLAND** Through Sunday. Contact Sports Leisure travel for travel packages, 361-2051.  
**VIOLENT FEMMES** plus special guest. 8pm, The Warfield, SF. BASS.

**GAY SPIRIT GATHERING** Thru the 26 with Pacific Men, Hawaii. 800-800-6886.

## 18 - Saturday

**LAMBDA CHRISTMAS TREE LOT** Noon-Midnite, 1931 L St. 442-0185.  
**SACRAMENTO PERFORMANCES**. Circus Flora. 2 & 7:30pm, \$10-\$25, Cal Expo, 264-5181 or 923-BASS.  
**LEZZIE HOLIDAY SHOW** Family fun and lesbian family holidays. Tribad Productions, Guerneville. 707-545-9806.  
**"A SEASON OF DIVERSITY."** Sacramento Men's Chorus Holiday Concert. 8pm. St. Francis Church, 26th & K.  
**GAY/LESBIAN NIGHT AT DISNEYLAND** Through Sunday. Contact Sports Leisure travel for travel packages, 361-2051.  
**SACRAMENTO MASTER SINGERS** Holiday Concert. 8pm, \$10. St. Mary's Church, 58th & M St. 331-6151.

**POKER CLUB** For lesbian couples over 35. K or J, 649-1182.

**SACRAMENTO FRONT RUNNERS** A lesbian and gay running club. Morning run. All levels welcome. Jim 387-8275.

**YOUTH SOCIAL** 8pm to midnight. Lambda Center, 1931 L St. 442-0185.

**HIV+ SUPPORT GROUP** with Marjorie Thirkettle, 4:30-6pm, RCMCC, 36th & Broadway 737-3416.

**DYKES OUT TOGETHER** Poker, board games and ping pong. Bring snacks or drinks to share, 7pm, Laura, 487-0554.

**LESBIAN BAR REUNION** Celebrate the "Off Key" Sacramento's first lesbian bar. 8pm-2am, 1040 Soule St. W. Sac. Cherie gordon, 737-6139.

## 19 - Sunday

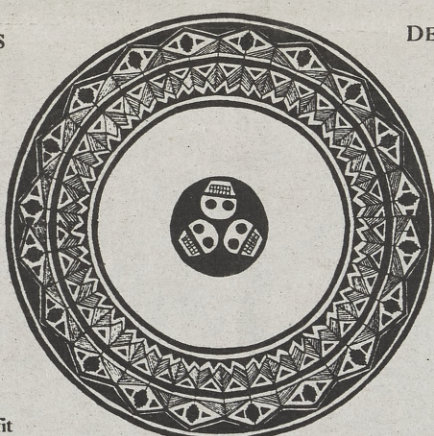
**LAMBDA CHRISTMAS TREE LOT** 4-10pm, 1931 L St. 442-0185.  
**SACRAMENTO PERFORMANCES**. Circus Flora. 2 & 7:30pm, \$10-\$25, Cal Expo, 264-5181 or 923-BASS.  
**G.L.A.D. TOASTMASTERS** Club, MC C, 34th & Broadway, North Hall, 12:30am, 362-9013.  
**WOMEN OF COLOR SUPPORT GROUP** 7:15 pm Lambda Center, 1931 L St. 442-0185.  
**TEDDY BEAR OPEN HOUSE** at Bear Castle. 1-5pm, 431 Broad, Nevada City, 265-5804.  
**"A SEASON OF DIVERSITY."** Sacramento Men's Chorus Holiday Concert. 8pm. St. Francis Church, 26th & K.  
**GAY/LESBIAN NIGHT AT DISNEYLAND** Through Sunday. Contact Sports Leisure travel for travel packages, 361-2051.  
**SACRAMENTO MASTER SINGERS** Holiday Concert. 4pm, \$10. St. Mary's Church, 58th & M St. 331-6151.

## 20 - Monday

**LAMBDA CHRISTMAS TREE LOT** 4-10pm, 1931 L St. 442-0185.  
**UMOJA** Support collective for Lesbians of African Descent. 7pm. Women's Civic Improvement Club, 3555 3rd Ave. 452-1102.  
**SACRAMENTO PERFORMANCES**. Circus Flora. 7:30pm, \$10-\$25, Cal Expo, 264-5181 or 923-BASS.  
**BARRY MANILO** "Greatest Hits...And Then Some" Concert. Benefit for AIDS organizations. Arco Arena. 928-6900, 923-BASS, or SAF, 448-2437.  
**RODC HOLIDAY POTLUCK** 6:30, YWCA, 17th & L sts.  
**MEN'S COMING OUT GROUP** Rap group concerning coming out and alternative life styles. 5:30pm. Lambda Center, 1931 L St. 442-0185.  
**WOMEN'S SOCIAL** Discussing life's challenges for lesbian and bisexual women. 7:15pm. Lambda Center, 1931 L St. 442-0185.

A L F A R R O W

"DRAWINGS FOR THE MIMBRES SERIES"



DECEMBER 7TH THROUGH THE 23RD 1993

This Exhibition is a special benefit for Hope House, a Sacramento based AIDS Hospice.

The Exhibition Reception will be Saturday, December 11th 7pm to 9pm at Archival Framing

**SACRAMENTO FRONT RUNNERS** A lesbian and gay running club. Evening run. All levels welcome. Jim 387-8275.

## 21 - Tuesday

**HAPPY SOLSTICE!**  
**LAMBDA CHRISTMAS TREE LOT** 4-10pm, 1931 L St. 442-0185.  
**SACRAMENTO PERFORMANCES**. Circus Flora. 2 & 7:30pm, \$10-\$25, Cal Expo, 264-5181 or 923-BASS.  
**BEING GAY TODAY** 10pm, Cable Chan. 18.

## 22 - Wednesday

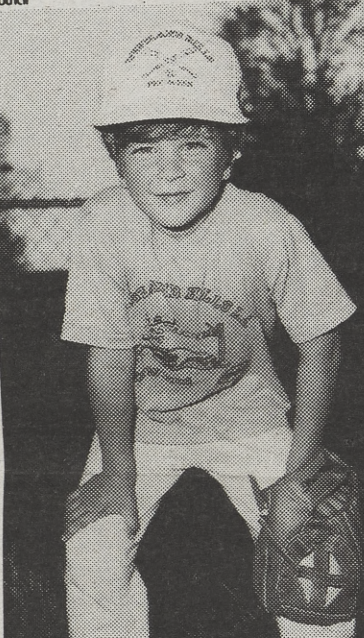
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**TEDDY BEAR OPEN HOUSE** at Bear Castle. 6-9pm, 431 Broad, Nevada City, 265-5804.  
**SACRAMENTO FRONT RUNNERS** A lesbian and gay running club. Evening run. All levels welcome. Jim 387-8275.

**MAD DOG RADIO** 6-8pm. 456-5199 for requests. To order cable radio call Shane Carpenter, 456-8600.

## 23 - Thursday

**SACRAMENTO MASTER SINGERS** Holiday Concert. 8pm, \$10. St. Francis Church, 26th & K St. 331-6151.  
**BEING GAY TODAY** 11pm, Cable Chan. 18.  
**GAY/LESBIAN ALLIANCE AT CSUS** Alternating between general meetings and social outings. 7:30, Sacramento Room, University Union, CSUS, 6000 J St. 486-4633.

U.S. Department of Transportation



**DRUNK DRIVING DOESN'T JUST KILL DRUNK DRIVERS.**

*Nicholas Esposito, killed Oct. 13, 1989 at 8:25pm.*

Next time your friend insists on driving drunk, do whatever it takes to stop him. Because if he kills innocent people, how will you live with yourself?

**FRIENDS DON'T LET FRIENDS DRIVE DRUNK.**

**The Return Of the Women's Groups**

Coming Out Group - Thursdays at 6pm  
 Lesbian Movie Night - last Wednesday of each month  
 Women Of Color - Sundays at 7:15pm  
 Women's Social - Monday at 7:15pm


**Lambda Community Center**

1931 L Street • 442-0185

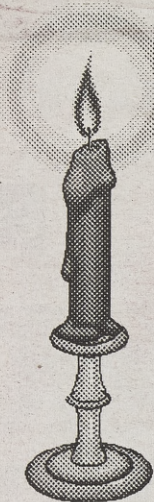
Members of the community are invited to apply for a position on the Lambda Fund Board of Directors.

Applications being accepted through December.

Women & minorities strongly encouraged.



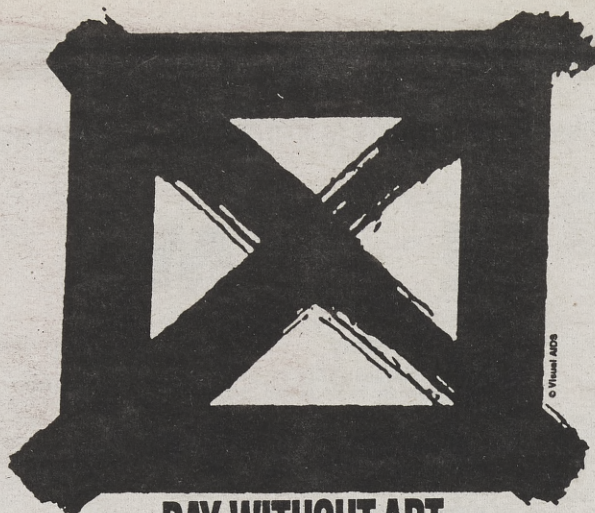




## December 1 Candlelight March

World AIDS Day 1993—Time to Act will be commemorated by a community Candlelight March to be held this evening at 5:30pm. Participants will march from the west steps of the State Capitol to the Cathedral of the Blessed Sacrament (11th & K). Community members are welcome to participate and there are no fees involved.

The event is being sponsored by the Center for AIDS Research, Education & Services (CARES) and the Sacramento AIDS Foundation. The March commemorates the sixth annual observance of World AIDS Day, which is designated to draw public attention to AIDS. Info: CARES, 443-3299, SAF, 448-2437, Sutter Health, 733-8800. ▼



DAY WITHOUT ART

## World AIDS Day Service

An interfaith healing and candlelight memorial service will be held at River City Metropolitan Community Church, 7:30pm, 3418 Broadway.

### AIDS Vigil 1993

December 1-5

"As I Light the Candle"

Friday, Dec. 3rd, 7:30pm

Saturday, Dec. 4th, 10am-4pm

Saturday, Dec. 4th, 7:30pm

Sunday, Dec. 5th, 9am & 11am

Sunday Dec. 5th, 6pm

Rev. Austin Amerine, Guest Minister

"World of Hope in the Midst of HIV/AIDS Workshop"

An evening of music and testimony, Dr. Joe Bannon, Guest Minister

Rev. Elder Dr. Freda Smith "Homosexuality and the Bible"

Rev. Austin Amerine Guest Minister

916-454-4762

# "MANILOW'S TOUR IS HOT!"

Jeane Williams, USA TODAY

"Rolling Stone was right! Manilow is the showman of our generation!"

PITTSBURGH POST-GAZETTE

"Master showman Manilow stirs up audience fervor like no one else in music! A swooping, soaring love-in!"

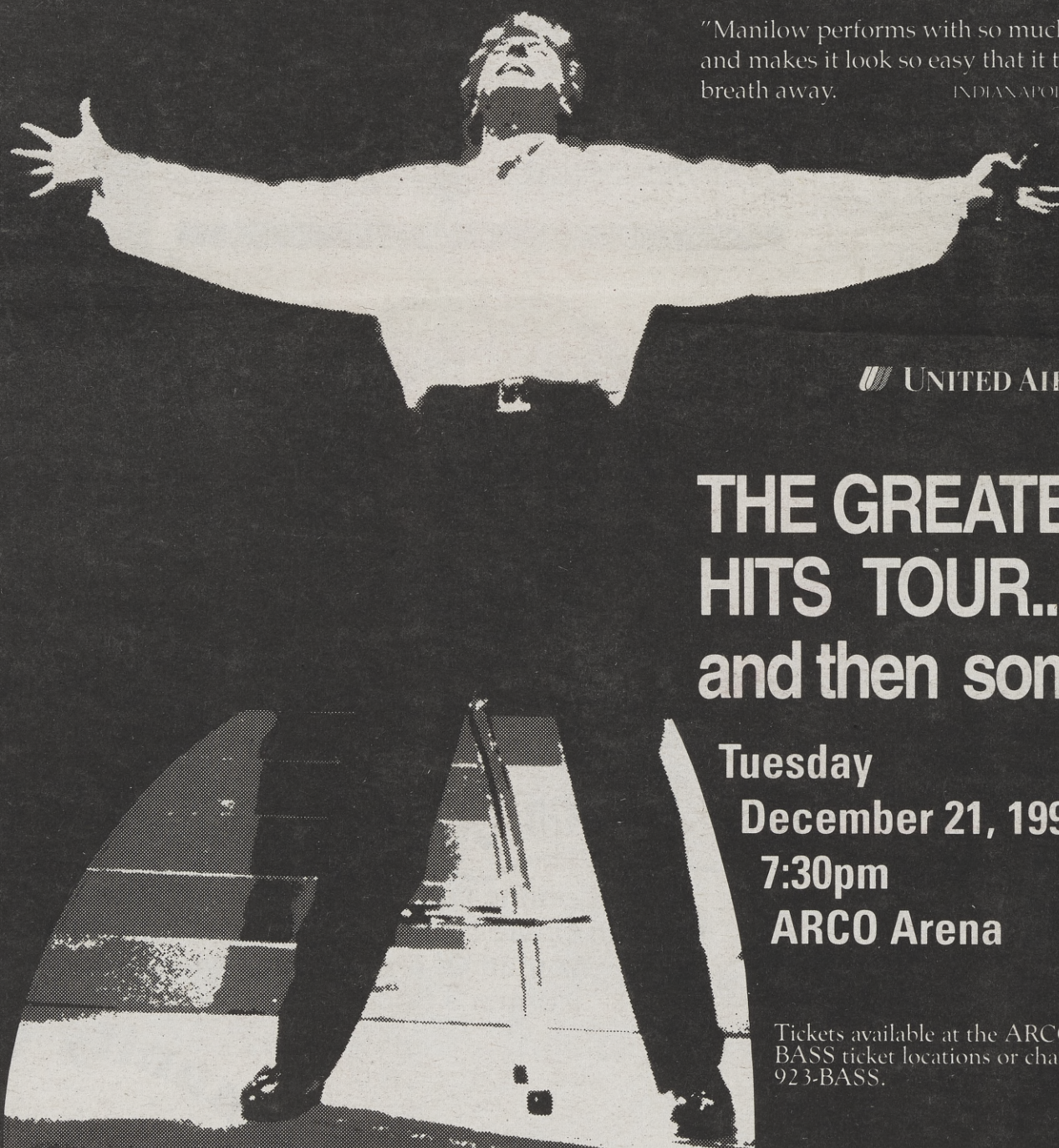
DALLAS MORNING NEWS

"This is a master showman we're talking about! I defy anyone with half a heart to be unaffected on some emotional level by Manilow's sensitive renditions of love songs"

ST. LOUIS POST-DISPATCH

"Manilow performs with so much talent and makes it look so easy that it takes your breath away."

INDIANAPOLIS STAR



UNITED AIRLINES

## THE GREATEST HITS TOUR..... and then some!

Tuesday  
December 21, 1993  
7:30pm  
ARCO Arena

Tickets available at the ARCO Box Office, BASS ticket locations or charge by phone: 923-BASS.

## A SPECIAL BENEFIT PERFORMANCE

Join Superstar Barry Manilow in a very special, one night only performance. Your ticket purchase for this holiday concert extravaganza will directly benefit Sacramento organizations dedicated to AIDS research, education and ongoing care. In keeping with his humanitarian efforts for charitable organizations throughout the nation, Barry Manilow has graciously agreed to waive all performance fees for this gala event.

Sponsored By:

